



## SIR KENNETH PRESTON TROPHY 1 – 3 MAY 2021

**ORGANISING AUTHORITY  
ROYAL YACHT SQUADRON  
COWES, UK**

# SAILING INSTRUCTIONS

*The notation '[DP]' in a rule in the Sailing Instructions means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.*

*The notation '[NP]' in a rule of the Sailing Instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).*

### 1. RULES

- 1.1 The event is governed by the rules as defined in the Racing Rules of Sailing (RRS).
- 1.2 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty, except that when a boat may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.
- 1.3 The Class will provide Bow Sticker Numbers, which shall be displayed 52.5cm back from the bow and 6cm from the shearline. Single digit numbers (e.g."2") must display the leading zero (e.g."02"). [DP]
- 1.4 Non-owners may compete in loaned boats provided that the boat is insured in accordance with the NoR.  
A boat chartered or loaned may carry national letters or a sail number in contravention of her class rule.
- 1.5 Notices to Mariners for the Ports of [Southampton](#), [Portsmouth](#) and [Cowes](#) apply. [DP]
- 1.6 All crews are required to follow all the latest Covid-19 guidance from NHS England and the Government.[DP]
- 1.7 All crews should also follow the latest [RYA Guidance on sailing & racing with participants from different households](#) during COVID-19 in England.

### 2. CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the Sailing Instructions (SIs) made ashore will be posted by 0900 on the day it will take effect, except

that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

- 2.2 Changes to a Sailing Instruction may be made on the water using VHF Radio Ch 05 to communicate with competitors.

### 3. COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the Official Notice Board (ONB).
- 3.2 The ONB will be online at [www.yachtscoring.com](http://www.yachtscoring.com).
- 3.3 The Race Office is in the Royal Yacht Squadron (RYS).
- 3.4 The Race Committee intends to broadcast race information and course information by VHF Ch 05.
- 3.5 Competitors wishing to communicate with the Race Committee should do so on VHF Ch 77.
- 3.6 The Race Committee intends to announce approximate location of the committee boat at least 1 hour before the first warning signal on VHF Ch 05.

### 4. CODE OF CONDUCT

- 4.1 Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2 Competitors and support persons shall handle or place any equipment or advertising provided by the organising authority with care, seamanship and in accordance with any instructions for its use and without interfering with its functionality.

### 5. SIGNALS MADE ASHORE AND AFLOAT

- 5.1 Signals made ashore will be displayed at the RYS Lodge Flagstaff together with a notice on the ONB..
- 5.2 When flag AP is displayed ashore, "1 minute" is replaced by "not less than 45 minutes". This changes Race Signals AP.
- 5.3 To alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with multiple sound signals five (5) minutes before a warning signal is displayed.

### 6. SCHEDULE OF RACES

- 6.1 The intention of the Race Committee is to run nine (9) races over the three days of the event.
- 6.2 The Race Committee intends to run no more than three races each day. However additional races may be sailed in order to complete the programme because of weather or other reasons and will be advised by 0900 on the affected day.

## 6.3 Schedule including times of HW Portsmouth in BST.

DAY HWP (BST)	BRIEFING	FIRST WARNING SIGNAL	NOTES
Sat 1 May HW 1540 4.6m	0930	1155	CYH Race 1. Race 2 & 3 asap after each finish.
Sun 2 May HW 1640 4.4m		1055	Race 4. Race 5 & 6 asap after each finish.
Mon 3 May HW 1740 4.2m		1055	Race 7. Race 8 & 9 asap after each finish.

**7. CLASS FLAGS**

7.1 The class flag will be ICOS flag E.

**8. RACING AREA**

8.1 Racing will take place from a Committee Vessel in the Eastern Solent, including the Bramble Bank.

**9. COURSES**

9.1 The format for racing will be windward/leeward courses. See Addendum A.

9.2 The Race Committee intend to run courses using laid marks.

**10. MARKS**

10.1 With reference to Addendum A, marks 1, 1a, 4s & 4p will be orange inflatable marks.

10.2 With reference to gate marks 4p/4s, if only one gate mark is in position, that mark shall be rounded to port.

10.3 The starting marks will be a committee vessel at the starboard end and a black inflatable mark at the port end.

10.4 The finishing marks will be a committee vessel and a black inflatable mark.

10.5 When a new mark has been laid to change the next leg of a course it will be a black inflatable mark. If the new mark is a windward mark, then the offset mark 1a will not be laid and is no longer part of the course.

**11. OBSTRUCTIONS**

11.1 Boats shall not anchor or kedge in the Cowes Harbour fairway or within the area denoting power cables and gas pipes between Stone Point and Gurnard Bay, as shown on Admiralty Chart 2040, or within the mining ground area north east of Ryde Sand.

11.2 All yachts shall comply with Associated British Ports Notice to Mariners No 09 of 2021 giving details of a Precautionary

Area and Moving Prohibited Zone (MPZ). The MPZ shall rank as an obstruction for the purposes of RRS 19 and 20.

11.3 Whilst racing, boats shall pass to the north of the Cowes Breakwater.

**12. THE START**

12.1 Races will be started by using RRS 26.

12.2 The starting line will be between a staff displaying an orange flag on the Committee Vessel at the starboard end and the course side of the port-end starting mark.

12.3 Races will not be started in less than an average of 5 knots of wind established over the entire racecourse area. This limit may be higher if there is a strong current in the racing area.

12.4 In the event the start has been postponed, or a General Recall has been caused primarily by the length or angle of the starting line the race management team will adjust the starting line and make another attempt using the same preparatory signal.

12.5 The Race Committee may broadcast the bow numbers of individually recalled boats on VHF CH 05 after Flag X has been displayed, but not sooner than 30 seconds after the start. Delay or failure to do so is not grounds for redress.

12.6 Bow numbers will also be used for Uniform and Black Flag notifications. This changes RRS 30.3 and 30.4.

**13. CHANGE OF THE NEXT LEG OF THE COURSE**

13.1 When a change the next leg of the course has been signalled, the Race Committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

13.2 The position of any mark(s) may be adjusted by up to plus or minus 10 degrees relative to previous location and up to approximately 200 metres to windward or leeward without signalling Flag C, a direction signal, a length signal or a sound signal. This changes RRS 33.

**14. THE FINISH**

14.1 The finish line will be between a staff displaying a blue flag on the Committee Signal Vessel and the course side of the port-end finishing mark.

**15. PENALTY SYSTEM**

15.1 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty, except that when she may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.

**16. TIME LIMITS**

16.1 The following time limits will apply.

(a) Mark 1 Time Limit. The time limit for the first boat to pass Mark 1 is 45 minutes.

(b) Race Time Limit. The time limit for the first boat to sail the course and finish is 90 minutes.

(c) Finishing Window. The time limit for boats to finish after the first boat sails the course and finishes is 30 minutes.

16.2 If no boat has passed Mark 1 within the Mark 1 Time Limit, or if no boat has finished within the Race Time Limit, the race shall be abandoned.

16.3 Boats still racing more than 30 minutes after the first yacht finishes shall be awarded the points for the place behind the last yacht, which has finished the race within this time.

## 17. HEARING REQUESTS

17.1 The protest limit is 90 minutes after the last boat has finished the last race of the day or the Race Committee signals no more racing today, whichever is later.

17.2 Hearing forms will be available at the Race Office. Protest and requests for redress or reopening shall be delivered to the Race Office within the protest time limit. Contact mobile phone numbers should be included on the protest form.

17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of the hearings in which they are parties or named as witnesses. Hearings will be held in the protest room located at the RYS.

17.4 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

## 18. SCORING

18.1 One (1) race shall be completed to constitute a series for the Sir Kenneth Preston Trophy.

18.2 (a) When fewer than five (5) races have been completed a boats series score shall be the total of all their scores.

(b) When five(5) or more races have been completed, a boat's score will be the total of her race scores excluding her worst score.

## 19. SAFETY REGULATIONS

19.1 A boat that retires from a race shall notify the Race Committee as soon as possible on VHF Ch 77 or by hailing an official event support boat or RIB. *[DP]*

## 20. REPLACEMENT OF CREW OR EQUIPMENT

20.1 Substitution of competitors is not allowed without the prior written permission of the Race Committee.

20.2 Substitution of damaged or lost equipment is not allowed unless authorised in writing by the Race Committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

## 21. EQUIPMENT AND MEASUREMENT CHECKS

21.1 A boat or equipment may be inspected at any time for compliance with the Class Rules and Sailing Instructions.

## 22. SUPPLIED BOATS

22.1 Does not apply.

## 23. OFFICIAL VESSELS

23.1 The Committee Vessel (Signal Vessel) will be:

(a) On Saturday and Sunday, a large motor launch Call Sign Seamui.

(b) On Monday, a motor catamaran Call Sign Cowes United.

23.2 Mark laying vessels will be RYS RIBs.

## 24. SUPPORT TEAMS

24.1 All support vessels shall carry a marine VHF radio and comply with RRS 37 'Search and rescue Instructions'. *[DP]*

24.2 Support boats shall stay outside areas where boats are racing from the time of the preparatory signal for each start thereafter until all boats have finished or retired or the Race Committee signals a postponement, general recall or abandonment. *[DP]*

## 25. TRASH DISPOSAL

25.1 Trash may be placed aboard support or official boats.

## 26. BERTHING

26.1 Event berthing is the responsibility of each boat and is not included in the entry fee. See NoR 25.1.

## 27. HAUL OUT RESTRICTIONS

27.1 All boats shall be afloat by 1730 the day before the first race. *[DP]*

27.2 Boats shall not be hauled out during the Event except with and according to the terms of prior written permission of the race committee. *[DP]*

## 28. DIVING EQUIPMENT AND PLASTIC POOLS

28.1 Underwater breathing apparatus and plastic pools or their equivalent shall not be used around competing boats between the preparatory signal of the first race and the end of the event. *[DP]*

28.2 Keelboats shall not be cleaned below the waterline by any means between the preparatory signal of the first race and the end of the event. *[DP]*

## 29. PRIZES

29.1 Prizes will be awarded for the first, second and third boats in the series. The first boat will be awarded the Sir Kenneth Preston Trophy.

29.2 There will be a prize for the highest placed "Youth" boat. A youth boat is defined as one where all crew members are under 29 years of age on the 01/01/2021.

29.3 In addition, a Corinthian Prize will be awarded to the highest placed boat whose helm and crew are all World Sailing Sailor Classification Group 1.

- 29.4 Those crews wishing to be eligible for the Corinthian Prize shall register their Corinthian status on the Yacht Scoring website prior to the start of the event.

### 30. RISK STATEMENT

- 30.1 RRS 3 states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

- 30.2 Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats, and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practicably provided in the circumstances;
- (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.
- (h) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.

### 30.3 COVID Statement

- (a) By taking part in any of the events covered by these Sailing Instructions each competitor agrees and acknowledges that they are responsible for complying with any regulations in force from time to time in respect of COVID-19 and for complying with the Royal Yacht Squadron COVID-19 procedures. *[DP]*
- (b) The penalty for a breach of this rule may, at the discretion of the Protest Committee, be less than disqualification. Boats may not protest for breaches of this rule. This changes rule 60.1(a). *(DP)*

### 31. INSURANCE

- 31.1 Each participating boat is required to hold insurance cover and in particular to hold adequate insurance against third party claims of at least £3 million.

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ADDENDUM A

**Course Illustrations – Windward Leeward**

**L**

**Course: Leeward finish**

Signal	Mark Rounding Order
<b>L2</b>	Start – 1 – 4s/4p – 1 – Finish
<b>L3</b>	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – Finish
<b>L4</b>	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – 1 – Finish

**W**

**Course: Windward Finish**

Signal	Mark Rounding Order
<b>W2</b>	Start – 1 – 4s/4p – Finish
<b>W3</b>	Start – 1 – 4s/4p – 1 – 4s/4p – Finish
<b>W4</b>	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – Finish

**LA / WA**

**Course: Windward/leeward with offset mark 1a**

Signal	Mark Rounding Order
<b>LA2</b>	Start – 1 – 1a – 4s/4p – 1 – 1a – Finish
<b>LA3</b>	Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – Finish
<b>LA4</b>	Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – Finish
<b>WA2</b>	Start – 1 – 1a – 4s/4p – Finish
<b>WA3</b>	Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – Finish
<b>WA4</b>	Start – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – 1 – 1a – 4s/4p – Finish

- Solent Chartlet to aid boats in locating the committee vessel.

