



# 2021 J24 Lambert Lai Memorial Regatta



ROCHESTER YACHT CLUB

## Sailing Instructions



### 1 COMMUNICATIONS WITH COMPETITORS

- 1.1 On the water, the race committee intends to monitor and communicate with competitors on VHF channel 72.
- 1.2 [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

### 2 SIGNALS MADE ASHORE

- 2.1 Signals made ashore will be displayed on the flagpole North of the RYC Clubhouse.
- 2.2 When Flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP. This changes Race Signals.
- 2.3 In the event any change to these Sailing Instructions are posted, the Race Committee shall endeavor to signal the change by displaying code flag L ashore. Failure to display code flag L shall not be grounds for redress.

### 3 CLASS FLAGS

The class flag shall be the J24 class flag.

### 4 THE START

- 4.1 Races will be started in accordance with RRS 26.
- 4.2 Boats whose warning signal has not been made shall avoid the starting area.
- 4.3 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail numbers, boat name, or hull numbers. Failure to hail her identifier, failure to hear a hail, or the order in which boats are hailed, will not be grounds for a redress request. This changes RRS 62.1(a)

### 5 THE FINISH

The finishing line shall be between a staff displaying a blue flag on the Signal Boat the nearby mark on the starboard side of the boat.

### 5 PENALTY SYSTEM

RRS 44 applies.

### 6 TARGET TIMES

Mark 1 Time Limit	Target Time	Finishing Window
30 minutes	90 minutes	20 minutes

Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

Any boat not starting within 5 minutes of her starting signal for a race will be scored DNS for that race. This changes RRS 35 and A4.

### 6 WITHDRAWAL

A boat that retires from a race shall notify the Race Committee by hail, VHF radio, or in person onshore.



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### 7 HEARING REQUESTS

**7.1** The protest time limit is 60 minutes after the Race Committee boat docks. The time will be posted on the official notice board.

**7.2** Hearing request forms are available on the official notice board.

### 8 RISK STATEMENT

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.



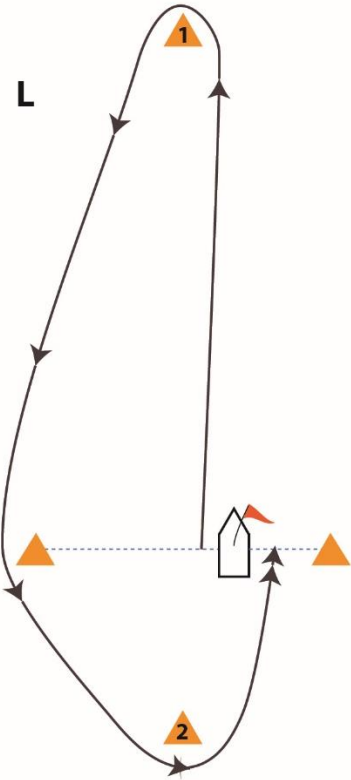
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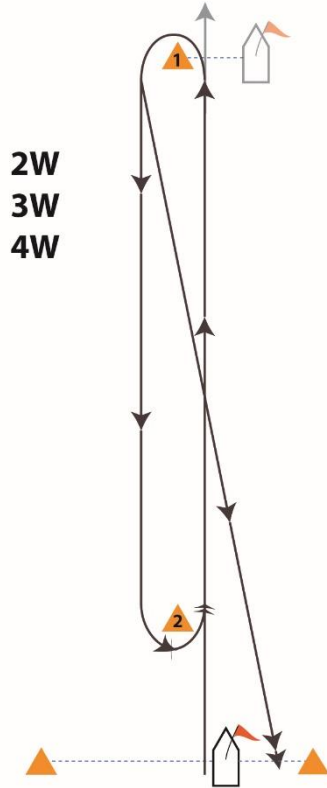
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## Sailing Instructions

### Attachment #1 –COURSE DIAGRAMS



**L: Start → 1 → 2 → Finish**  
**2L: Start → 1 → 2 → 1 → 2 → Finish**



**2W: Start → 1 → Finish**  
**3W: Start → 1 → 2 → Finish**  
**4W: Start → 1 → 2 → 1 → Finish**