

**THE AROUND THE ISLAND RACE**  
**A Circumnavigation of Prince Edward Island**  
**July 28-August 1, 2022**  
**Prince Edward Island Boating Festival**

**SAILING INSTRUCTIONS**

**1. RULES**

- 1.1 Subject to the exemptions provided herein and the Notice of Race, the race will be governed by the rules as defined in *The Racing Rules of Sailing 2021-2024* (RRS), the prescriptions of Sail Canada and the 2022-2023 World Sailing Offshore Special Regulations.
- 1.2 If there is a conflict between the Sailing Instructions (SI) and the Notice of Race (NOR), the SI will take precedence.
- 1.3 PHRF entries shall compete with the equipment that is in compliance with their current PHRF certificate.

**2. NOTICES TO COMPETITORS**

- 2.1 Notices to competitors will be posted on the official notice board(s) located online on the Yacht Score event page and the Charlottetown Yacht Club (CYC).

**3. CHANGES TO SAILING INSTRUCTIONS**

- 3.1 Any change to the sailing instructions will be posted before 0700 on the day it will take effect.

**4. SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed at the CYC.

**5. SCHEDULE OF RACE**

- 5.1 Date of racing: Thursday July 28, 2022 – 0855 hrs – Warning signal  
Charlottetown Harbour

**6. RACING AREA**

- 6.1 Charlottetown Harbour, Hillsborough Bay, Northumberland Strait and Gulf of St. Lawrence.

## 7. THE COURSE

7.1 Subject to change as posted, the course shall be as follows:

- (a) **START:** Between the **YELLOW** pin mark south of CYC to the signal flag post at the CYC.
- (b) Honour all **RED** harbour bouys entering the Charlottetown Harbour being **RED C14, RED C12, and RED C18.**
- (c) **Blockhouse GREEN C7** to Starboard [Flashing 4 second interval].
- (d) **Spithead GREEN C5** to Starboard [Quick Flashing 1 second interval] (N46 08.905, W063 06.027).
- (e) **St. Peters Island GREEN C1** to Starboard [Flashing 4 second interval] (N46 05.012, W063 13.744) .
- (f) **Tryon Shoals RED N14** to Starboard [Flashing 4 second interval] (N46 09.667, W063 31.707).
- (g) **Cape Egmont RED G2** (also Dg2) to Starboard [Quick Flashing 1 second interval] (N46 24.097, W064 08.507).
- (h) **West Point Reef RED D8** to Starboard [Flashing 4 second interval] (N46 40.113, W064 30.003).
- (i) **North Cape NORTH CARDINAL DS** to Starboard [Quick Flashing 1 second interval] (N47 04.997, W064 00.051).
- (j) **Malpeque Harbour FAIRWAY JP** to Port [Flashing 6 second internal] (N 46 34.994, W063 37.119).
- (k) **East Point EAST CARDINAL NDN** to Starboard [Quick (3) Flashing 10 second interval] (N46 28.083, W061 56.249).
- (l) **Cape Bear EAST CARDINAL NN** to Starboard [Quick (3) Flashing 10 second interval] (N46 00.727, W062 26.283).
- (m) **South of Indian Rocks Shoal** [unlit, unmarked] located SW of Wood Island Harbour (boats must **not** pass the shoal to the north). Take caution as the Indian Rocks shoal is dry at low tide. The RED N8 does **not** form part of the course.
- (n) **Point Prim RED C2** to Starboard [Quick Flashing 1 second interval] (N46 02.663, W063 06.781).
- (o) **Fitzroy Rock RED C4** to Starboard [Flashing 4 second interval] (N46 07.092, W063 06.658).
- (p) **Spithead GREEN C5** to Port [Quick Flashing 1 second interval] (N46 08.905, W063 06.027).
- (q) **Blockhouse GREEN C7** to Port [Flashing 4 second interval].
- (r) Honour all **RED** harbour bouys entering the Charlottetown Harbour being **RED C8, RED C12, and RED C14.**
- (s) **FINISH:** Between the **YELLOW** pin mark south of CYC to the signal flag post at the CYC.

## **8. AREAS THAT ARE OBSTRUCTIONS**

8.1 The following areas are designated as obstructions:

- (a) Confederation Bridge pillars; and
- (b) Indian Rocks Shoal.

## **9. THE START**

9.1 Monitor VHF 68 for starter's instructions. Audible signals may be augmented by flag signals at option of starter.

- (a) Three horn blasts to warn of less than one minute to start sequence.
- (b) One horn blast for the 5 minute warning signal.
- (c) One horn blast for the 4 minute preparatory signal.
- (d) One horn blast for the 1 minute signal.
- (e) One horn blast for the start signal.

9.2 One horn blast will signal individual recall. Two horn blasts will signal a general recall.

## **10. THE FINISH**

10.1 The finishing line will be between the CYC signal flag and the yellow pin end mark located south of CYC. NOTE: The finishing line may, at the opinion of the Race Committee, be shortened should conditions necessitate.

10.2 If the race committee is absent when a boat finishes (monitoring 68), she should report her finishing time, and her position in relation to nearby boats, to the race committee at the first reasonable opportunity.

## **11. TIME LIMITS**

11.1 There shall be no time limits although boats approaching the finish line after dusk are asked to inform the race committee by text (902-314-3639) and hail the race committee on channel 68.

## **12. PROTESTS AND REQUESTS FOR REDRESS**

12.1 Protest forms are available at the race office [located at CYC]. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

12.2 For each class, the protest time limit is 90 minutes after the last boat of that class has finished.

12.3 Notices will be posted no later than 60 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

12.4 Decisions of the protest committee will be final as provided in RRS 70.5.

### **13. RETIRING BOATS**

13.1 A boat that retires from the race shall notify the race committee as soon as possible by text (902-314-3639).

### **14. ENGINES**

14.1 A boat shall not run its engine while racing with the exception of the following circumstances:

- (a) A boat may run its engine if it is absolutely necessary to generate electrical power in order to maintain navigation and communication systems. A boat in this circumstance shall note same in the boat's log and report to the race committee. An engine in this circumstance may only be operated in neutral.
  
- (b) A boat experiencing an emergency or assisting another boat with an emergency may use its engine if required to respond to the emergency. A boat in this circumstance shall note same in the boat's log and report to the race committee. A boat resuming racing shall return to the point at which it engaged its engine and, if possible, maintain records of same in its navigational system.

### **15. COMMUNICATIONS WHILE RACING**

15.1 Boats are to communicate with Race Committee via text (902-314-3639) twice daily at or about 0900 and 2100 hrs advising general status of vessel and crew, weather conditions and location.

15.2 Race Committee will relay regular Government of Canada Marine Weather forecasts via text at or about 0900 and 2100 hrs together with unscheduled reports should weather warnings be forecasted.

### **16. DISCLAIMER OF LIABILITY**

16.1 Competitors participate in the race entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the race.

### **17. INSURANCE**

17.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$1,000,000 per incident or the equivalent.