

Cedar Point Yacht Club
Sailboat Racing at its Best



**International Lightning Class Association
2022 Women's / Junior's / Master's (WJM's)
North American Championship
WESTPORT, CT, U.S.A.
August 4 - 7, 2022**



NOTICE OF RACE

The International Lightning Class Association (ILCA) & Cedar Point Yacht Club (CPYC) are the Organizing Authority (OA).

1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, the *ILCA Constitution, By-Laws, Lightning Specifications* and the *Document Governing All Sanctioned Lightning Class Championships* (**hereafter referred to as *Document Governing***). They are available at <https://www.lightningclass.org/docs.ashx?id=328142>
- 1.2. US Sailing Prescriptions apply and are available at: <https://cdn.ussailing.org/wp-content/uploads/2020/11/2021-2024-US-Prescriptions-Final.pdf>
- 1.3. Boats are required to carry portable equipment in accordance with *NOR Addendum ILCA Required Equipment*. (attached)
- 1.4. Appendix T Arbitration applies. [T2, T3 and T4 are deleted]
- 1.5. The rules identified below will be changed as noted. The sailing instructions may also change other racing rules.
 - 1.5.1. RRS 27.3 is changed to add the following: "The RC or OA shall not abandon (or cancel) a scheduled race, or races, before the starting signal without approval of the Class Representative.
 - 1.5.2. RRS 42.3(c) is changed to read: "Except on a beat to windward, when surfing (rapidly accelerating down the front of a wave) or planing is possible, the boat's crew may pull the sheet only, (not the guy), in order to initiate surfing or planing, but each sail may be pulled only once for each wave or gust of wind. When the mainsail is pumped, only that part of the sheet between the crew member handling the sheet and the first block on the boom shall be used."
 - 1.5.3. RRS 44 is changed to add the following: "The two turns penalty as provided in RRS Rule 44 will apply with the additional provision that when an infringing yacht has its spinnaker drawing at the time of the infringement, drops it completely (below the gooseneck) while taking her penalty, and resets it immediately and has it drawing after the penalty, the penalty is one turn instead of two."
- 1.6. If there is a conflict between languages, the text written in its original English Document will take precedence.

2. SAILING INSTRUCTIONS

The sailing instructions will be available at <https://yachtscoring.com/emenu.cfm?eid=14963> and at CPYC during Check-In.

3. COMMUNICATION

- 3.1. Use of hand-held VHF radios will be permitted for communication from the Race Committee to competitors on a predetermined channel to be identified in the Sailing Instructions. The Race Committee intends to use VHF radio to identify OCS (On Course Side of the line) boats after starts and otherwise communicate with the fleet on the water. Failure to receive a hail, for a hail to be made, the order of hails made, or receive other communications to the fleet shall not be cause for redress.
- 3.2. Other use of any communication device is prohibited, and such use shall require withdrawal from the race unless determined by the Race Committee to have been for emergency purposes.

4. ELIGIBILITY AND ENTRY

- 4.1. The ILCA Junior North American Championship is open to all eligible skippers and crew who have not reached their twenty first (21) birthday on or before December 31, 2022. Each Junior entrant must complete, sign, and return the Junior Medical Emergency Form and Junior Competitor's Agreement at <https://yachtscoring.com/emenu.cfm?eid=14963>.
- 4.2. The ILCA Women's North American Championship is open to all female sailors (skipper and crew).
- 4.3. The ILCA Masters North American Championship is open to all skippers who will have reached their 55th birthday on or before December 31, 2022. The minimum combined age of skipper and crew, as of December 31, 2022, is 130 years.
- 4.4. All skippers must be ILCA Life, Active, or Associate members in good standing. Crew must be ILCA members in good standing. Master's and Junior's participants must show a photo ID or other proof of age at Check-In.
- 4.5. Eligible boats may enter the Regatta by completing the registration form and paying the registration fee online at <https://yachtscoring.com/emenu.cfm?eid=14963> by 1800 on Thursday, August 4, 2022.
- 4.6. As part of registration, each competitor will be required to sign a waiver for loss, damage or injury to persons or property incurred in conjunction with the regatta, on the property of CPYC, or on the water, or during participation in any individual race of the regatta, or from the actions of the ILCA, its officers, the protest committee, the race management team and any sponsors of the Regatta and their members, officers, governors and agents, from liability for such damage or injury.

5. FEES

An early registration discount will apply through midnight U.S. Eastern Standard Time (EST) on July 11, 2022 with entry fees as follows: Juniors \$175.00 per boat; Women / Masters \$375.00 per boat. After July 11, 2022, the entry fees are as follows: Juniors \$225.00 per boat; Women / Masters \$425.00 per boat.

Entry fees for each three-person team include:

- Awards / prizes
- Full guest privileges at CPYC
- Coffee / light continental fare each morning
- Post-race refreshments
- Thursday Welcome Dinner (Pizza Truck)

- Saturday Dinner
- Sunday Post-Race Hot Dog Cart
- Competitor lunches / additional dinner tickets will be available for purchase.

6. CREW LIMITATIONS

Crew shall be three, all of whom shall be ILCA members as per ILCA By-Laws.

7. ADVERTISING

7.1. Boats may be required to display advertising chosen and supplied by the OA. As per World Sailing Regulation 20 (the Advertising Code) the International Lightning Class Association restricts competitor advertising to hulls only.

7.2. OA supplied bow numbers shall be displayed on each boat.

8. SECTION INTENTIONALLY LEFT BLANK

9. SCHEDULE

9.1. The number of races scheduled shall be nine (9) for the Women and Juniors and six (6) for the Masters.

9.2. The Race Committee will hold not more than two (2) races each day for the Masters, provided however that a maximum of three (3) races may be sailed if determined necessary by the PRO given weather conditions to achieve a six race series. The Race Committee will hold three (3) races each day for the Women and Juniors. The racing schedule for the Women and Juniors may be adjusted at the discretion of the Race Committee to allow for the maximum number of races to be sailed.

9.3. No Warning Signal will be made after 1500 on Sunday, August 7, 2022.

9.4. Awards will be held Sunday, August 7, 2022 as soon as practical after racing completes.

9.5. Schedule of Events (Subject to Change). Daily adjustments may also be made based on weather conditions or other factors.

Day	Event	Time
Thursday, August 4	Check-In and Measurement Practice Race Opening Ceremony / Competitors Meeting / Refreshments Welcome Dinner (Pizza Truck)	1000-1800 Warning 1500 1800 1830
Friday, August 5	North Sails AM Briefing / Light Continental Fare Harbor Start Races Daily Awards / Post-Race Refreshments in Pavilion Dinner on Own	0900-0930 1000 First Warning 1100 After Racing
Saturday, August 6	North Sails AM Briefing / Light Continental Fare Harbor Start Races Daily Awards / Post-Race Refreshments in Pavilion Dinner in Pavilion	0830-0900 0930 First Warning 1030 After Racing 1830
Sunday, August 7	North Sails AM Briefing / Light Continental Fare Harbor Start Races No Warning Signal After Post-Race Hot Dogs / Refreshments / Awards	0830-0900 0930 First Warning 1030 1500 After Racing

10. EQUIPMENT INSPECTION [DP]

- 10.1. Each boat shall hold and produce a valid Measurement Certificate at measurement and must display a current ILCA membership decal. Boats, sails, and equipment will be measured and inspected in accordance with the Lightning Class By-Laws.
- 10.2. All sails shall have Official ILCA Royalty Labels. Mainsail and spinnaker numbers shall be the same. Spinnaker numbers shall be of a sufficiently contrasted color to make sail number identification possible.
- 10.3. Competitors are advised that the Chief Measurer or a designated representative may make spot measurements and inspection of required equipment on or off the water during the Championship. Boats may be inspected at any time.
- 10.4. Boats shall be available for measurement no later than 1800 on August 4, 2022 unless other arrangements are made with the Chief Measurer and/or OA.

11. CLOTHING AND EQUIPMENT

RRS 50 is not changed.

12. VENUE

- 12.1. The Regatta will be held at: Cedar Point Yacht Club (CPYC), 1 Bluff Point, Westport, CT, (203) 226-7411.
- 12.2. Racing will be on Long Island Sound.

13. COURSES

Courses will be windward/leeward or windward/leeward/triangle and may include an offset mark and a gate, as described in the sailing instructions.

14. PENALTY SYSTEM

RRS 44 as amended by NOR 1.5.3

15. SCORING

- 15.1. The low point system of RRS Appendix A will apply in accordance with the Document Governing, available at <https://www.lightningclass.org/docs.ashx?id=328142>.
- 15.2. When fewer than six (6) races have been completed, a boat's series score will be the total of her race scores. This changes RRS A2.
- 15.3. When six (6) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score score.
- 15.4. A maximum of nine (9) races is scheduled for the Women and Junior fleets and six (6) races for the Master's fleet. One (1) race is required to be completed to constitute a series.

16. SUPPORT BOATS [DP]

- 16.1. Support and coach boats must register with the OA during Check-In.
- 16.2. Team leaders, coaches, and other support personnel shall stay outside the racing area (defined as 100 meters outside the lay lines of the course including the start area) and comply with other requirements as specified in the Sailing Instructions. These requirements begin from the start of the first race of the regatta until the finish of the last race of the regatta. Individual competitors may not use support boats at any time during the regatta unless such support is available to all competitors or is authorized by the Race Committee. The penalty

for failure to comply with any of these requirements may result in disqualification of all boats associated with the infringing support personnel.

16.3. Spectator boats shall not communicate with competitors on the water unless the RC requests that they do so for safety reasons.

17. CHARTERED OR LOANED BOATS

A chartered or loaned boat may carry national letters or a sail number in contravention of her class rules, provided that the Race Committee has approved her sail identification before the first race.

18. BERTHING [DP]

18.1. All boats must be at the Regatta site by 1800 hours on August 4, 2022 and remain there for the duration of the Regatta, except by written permission from the OA.

18.2. Boats will be dry-sailed. There are two high speed hoists available for launching. A ramp is also available, but recommended for support boat launching only (Note: Keep in mind that this is a salt water venue).

18.3. Boats/trailers will be assigned spaces. OA provided parking space numbers shall be placed near the trailer tongue.

18.4. CPYC has a very full drystall area; as such, boats should not be brought to the club prior to Sunday, July 31, 2022 and should be removed after racing concludes on Sunday, August 7, 2022.

19. SECTION INTENTIONALLY LEFT BLANK

20. CLEANING OF BOATS

There will be no undue restrictions on cleaning of boats.

21. SECTION INTENTIONALLY LEFT BLANK

22. RISK STATEMENT

RRS 3 Decision to Race states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.** The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

23. INSURANCE

All boats stored on club property or participating in the event shall maintain in force for the duration of such storage or event liability insurance (P&I) with limits no less than \$300,000 and hull and equipment insurance with limits no less than the actual cash value of the stored or participating boat's hull and equipment. A copy of insurance company documents establishing that such coverage is current shall be produced if requested by the OA.

24. PRIZES

- 24.1. Prizes will be awarded to the top placing skippers and crews in each of the Women's, Junior's and Master's fleets commensurate with the number of entrants.
- 24.2. Perpetual Trophies will be presented to the North American Champion in the Women's, Junior's and Master's fleets.
- 24.3. The highest-placing Masters skipper who has reached his or her 65th birthday by December 31, 2022 shall win the Grand Master Trophy.
- 24.4. The highest-placing Masters skipper who has reached his or her 75th birthday by December 31, 2022 shall win the Great Grand Master Trophy.
- 24.5. Daily awards will be presented to the winner of each race (excluding the practice race) for each fleet.

25. COVID

Attendees are asked to follow CPYC guidelines at <https://www.cedarpointyc.org/covid19> and must comply with CT state guidelines and travel restrictions.

26. FURTHER INFORMATION

CLEAN REGATTA DESIGNATION - Competitors are asked to bring their own refillable water bottles. Refill stations will be available.



QUALIFICATION FOR SUBSEQUENT EVENTS - One of more skippers from the Women's, Junior's and Master's fleets, not previously qualified through their District, may be entitled to enter the 2022 North American Championship Regatta in accordance with the Class Rules.

International Lightning Class Association

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Cedar Point Yacht Club – Host Club

1 Bluff Point
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Phone: (203) 226-7411
Website: <https://www.cedarpointyc.org>

Regatta Chair

Eric Heller
Phone: 475-298-5790
Email: ebheller@yahoo.com

Principle Race Officer (PRO):

Chip Till
Phone: 843-556-6554
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See <https://yachtscoring.com/emenu.cfm?eid=14963> or <https://www.cedarpointyc.org> for additional information on housing, directions to club, potential charter boats, and lots more.

NOR Addendum - ILCA Required Equipment

Portable Equipment

a. Mandatory

- i) A fluke-type anchor weighing not less than 1.8Kg (4lb) with a line not shorter than 15.24m (50ft). The line shall be a minimum of 9.525mm (3/8 inches) in diameter and shall be made of Nylon or Dacron. This line shall be used only for towing or anchoring. Alternatives may be prescribed in the Notice of Race or Sailing Instructions.
- ii) Compass.
- iii) Bucket with a minimum capacity of one gallon.
- iv) Throwable life preserver or cushion with an attached whistle.
- v) Paddle
- vi) Other lifesaving equipment as required by government regulations.

b. Optional

- i) Electronic Equipment – the following electronic devices are allowed aboard a Lightning in 2022:
 - 1) Battery-powered wrist watches.
 - 2) An electronic digital compass with chronograph (timer and/or clock). The compass must be entirely self-contained with either an internal battery and/or solar power. The compass shall have no external connection and shall neither provide wind or boat speed nor compute correlations between time and distance.
 - 3) Other hand-held navigational devices. Use while racing is not permitted except for emergencies.
 - 4) Hand-held communication devices (cell phones, pagers, radios, etc.) with the following restrictions:
 - a) For this regatta, use is not permitted on the water except for emergencies. This restriction is modified to allow communication from the Race Committee to competitors on a predetermined Marine VHF channel.
 - b) The RC intends to communicate with competitors using a VHF Channel to be announced and will attempt to communicate to OCS boats using the same VHF Channel. Competitors should bring their own VHF radio. Failure or delay in this procedure shall not be grounds for redress. This changes rule 60.1 (b).
 - 5) Personal medical devices, attached to an individual, required for a person's well-being are allowed if they are medically necessary.
 - 6) In all cases where the use of electronic devices is not permitted, a competitor's use shall require withdrawal from the race unless the Race Committee deems use was for emergency reasons.