



Sails Up 4 Cancer Annual Regatta,

June 18, 2022

Sailing Instructions

The Organizing Authority
is the Mystic River Yacht Club



1. Rules

- 1.1. The Regatta shall be governed by the Racing Rules of Sailing.
- 1.2. **Appendix V** Alternate penalties are in effect

2. Sailing Instructions

- 2.1. Changes to the SIs shall be made no later than 0830 hours on Saturday, June 18, 2022.

3. Communications

- 3.1. VHF channel 1001 (former 01A) shall be used for fleet communications on the water.
- 3.2. Sailing Instructions and other pertinent documents shall be posted on the official Notice Board on Yacht Scoring and under the tent at Mystic Shipyard.

4. Code of Conduct

- 4.1. Competitors and support persons shall comply with reasonable requests from race officials.

5. Schedule of Races

- 5.1. The First Warning Signal is scheduled at 1200 hours.
- 5.2. One race is scheduled for all classes.

6. Classes and Class Flags

- 6.1. Classes shall be as designated by the Race Committee and published on the Scratch Sheet available on Yacht Scoring.
- 6.2. Class Flags shall be the International Code Flag Numeral Pennants corresponding to the number assigned to each class on the Scratch Sheet.

7. Courses

- 7.1. The marks of the course shall be posted on the top row of the course board in order of rounding. Boats shall sail to the finish line after rounding the last posted mark.
- 7.2. The letters P (port) or S (starboard) shall indicate which side to round the preceding posted mark(s).
- 7.3. The magnetic bearing and range from the Committee Boat to D/M shall be displayed on the lower row of the course board.
- 7.4. Restrictions: Competitors must not pass between Flat Hammock and South Dumpling Island. Competitors must pass South of N 26 Horseshoe Reef.

8. Marks

8.1. See Appendix A for a description of Marks

9. The Start

- 9.1. The Starting Area shall be in the vicinity of Seaflower Reef
- 9.2. Competitors must check in with the RC Signal Boat and be acknowledged by passing the boat's stern prior to the First Warning Signal.
- 9.3. The starting line shall be between the staff flying the Orange flag and yellow Mark S/F.
- 9.4. The order of starts shall be announced by the RC prior to the first warning.

10. The Finish

10.1. The finish line shall be between the staff flying the Blue flag and Mark S/F.

11. Time Limit

11.1. The time limit is 1700 hours.

12. Scoring

12.1. Scores shall be based on Time on Time with PHRF or ORC handicaps.

13. Protests

- 13.1. A boat intending to protest shall notify the Race Committee upon finishing identifying the boat(s) being protested.
- 13.2. Protests shall be made in writing and submitted to the Race Committee within 1 hour of the Committee boat docking.
- 13.3. Protest forms may be prepared online using the forms available on Yacht Scoring and submitted to Gregprorc@gmail.com.

14. Awards & Party

14.1. Awards shall be presented at the post-regatta party at Mystic Shipyard starting at 1800 hours at 100 Essex Street. Tickets are \$25.

Appendix A - Marks Designation / Lat/Lon is approximate

Letter	Mark Name	ID	Latitude	Longitude
			All positions approximate	
B	Black Ledge	N "2BL"	41'18.02"	72'03.92"
E	Silver Eel Pond Whistle	SE	41'15.55"	72'02.22"
I	Intrepid Rock	"DIR"	41'17.94"	72.00.24"
M	Mystic River West	C "1"	41'17.40"	71'59.42"
N	No. Hill Bell	R "2"	41'16.79"	72'01.38"
R	Ram Island Bell	R "20"	41'18.20"	71'58.39"
V	Vixen Ledge	N "28VL"	41'18.35"	72'02.92"
W	West Harbor Channel	FI R "6"	41'16.30"	72'00.33"
D/M	Drop Mark	Inflatable	R & B from RC	
S/F	Start/Finish	Inflatable	Yellow near RC	