



Race To Kingston

August 12th - 14th, 2023

Mimico to Kingston, Canada

Sailing Instructions (SIs)

Version: 21st July 2023



The Race to Kingston Organizing Committee, with Co-Chairs Chris Bobyk & Wayne Parker, shall represent Mimico Cruising Club (MCC) - www.MimicoCruisingClub.com - as the Organizing Authority (OA) of the Race To Kingston (R2K) 2023 Race.

The Registration & Race Document Web Site is: <https://yachtscoring.com/emenu.cfm?eID=15580>

The Official Notice Board is: https://yachtscoring.com/notice_board_summary.cfm?eid=15580

SAILING INSTRUCTIONS

The notation '[DP]' in a rule in the Notice of Race (NoR), Sailing Instructions (SIs) or other additional document that is a rule means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

The notation '[NP]' in a rule in the Notice of Race (NoR), Sailing Instructions (SIs) or other additional document that is a rule means that the penalty for a breach of that rule will not be grounds for a protest by a sailboat.

The Racing Rules of Sailing (RRS) 2021-2024 state that items, Rules, and the Notice of Race (NoR) do not have to be repeated in Sailing Instructions (SIs). Both the NoR and SIs describe the conduct of the event and need to be used jointly during the event.

1. RULES

- 1.1. See Notice of Race (NoR).

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any change to the Sailing Instructions will be posted online on the Official Notice Board before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the official notice board located at https://yachtscoring.com/notice_board_summary.cfm?eid=15580
- 3.2. The race office is located at the Race Office email and phone number:
 - ✓ Email: R2K@MimicoCruisingClub.com
 - ✓ Phone Number: 1-647-376-7245
- 3.3. [DP] Radio Communications.
 - 3.3.1. Marine VHF Channel 71 Canadian shall be used by the Race Committee for radio communication during the race.
 - 3.3.2. Each sailboat shall monitor VHF Channel 71 from 30 minutes before her warning signal until one hour after her start, and from approximately one hour before *finishing or 5 NM from the Finish, whichever occurs later, until 30 minutes after finishing.*
 - 3.3.3. Sailboats are encouraged to talk to other sailboats in the race on marine VHF channel 71 throughout the race.
 - 3.3.4. Sailboats should monitor marine VHF Channel 16 at all times.
 - 3.3.5. The Race Committee may make oral changes to the Sailing Instructions (SIs) on the water by the Race Committee broadcasting to competitors on VHF Channel 71.

4. CODE OF CONDUCT

- 4.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2. [DP] Competitors and support persons shall handle any equipment or place advertising provided by the organizing authority with care, and seamanship, in accordance with any instructions for its use and without interfering with its functionality.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed on the main flagpole of the MCC.
- 5.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in Race Signals AP.

6. SCHEDULE OF RACES

- 6.1. The first warning signal is at 1000 EDT, Saturday, August 12th, 2023.
- 6.2. Classes, division, fleet splits, and starting sequences, including class flags, for RRS 26, shall be made available no later than 2359 on Saturday, August 5th, 2023, on the Official Notice Board. They may be published earlier. The assignment of participants to a division, fleet, or class is subject to change.

7. CLASS FLAGS

- 7.1. See 6.2 for class flags for RRS 26.

8. RACING AREA

- 8.1. The event will occur on the north side of Lake Ontario.

9. THE COURSE

- 9.1. **START:** The start will be windward using the MCC/EYC fixed marks (see [MCC Mark Network](#) posted under *Documents & Forms*).
- 9.2. **FINISH:** Between a blue flag on the Race Committee Shore Station (located at the flagpole on the KYC Break Wall) and KYC fixed Mark V (yellow club mark at 44°13.220' N, 76°29.100' W)
- 9.3. The approximate distance is 145 NM.

10. MARKS OF THE COURSE

- 10.1. None to mention.

11. OBSTRUCTIONS & EXCLUSION ZONES

- 11.1. None to mention.

12. THE START

- 12.1. Races will be started by using rule 26, with an interval of no more than five (5) minutes between a starting signal and the warning signal for the next start.
- 12.2. The starting line will be between an MCC Course Mark and the halyard carrying an orange flag on the Race Committee signal vessel.
- 12.3. Depending on the wind, the first leg will be windward to another MCC Course Mark which is to be rounded to port, and whose number will be displayed on the stern of the Race Committee signal vessel.
- 12.4. After the first warning signal and prior to her warning signal, a sailboat shall keep clear of the starting area that extends one-quarter of the length of the starting line ahead of and behind the starting line. It shall also extend one-quarter of the length of the starting line past the end of the starting line.
- 12.5. If and only if, code flag "L" is displayed, on the Race Committee Signal Vessel, sailboats shall sail on starboard tack close to the stern of the Race Committee Signal Vessel and shall report their sail number. Check-in will not be complete until the Race Committee acknowledges the sailboat. Check-in by VHF radio or cell phone may not be accepted.
- 12.6. [NP] Any sailboats starting within their time limit and if the Race Committee is no longer on station, shall radio the Race Committee VHF Channel 71 Canadian when she is starting.

13. THE FINISH

- 13.1. Between a blue flag on the Race Committee Shore Station (located at the flagpole on the KYC Break Wall) and KYC fixed mark V (yellow club mark at 44°13.220' N, 76°29.100' W)
- 13.2. Each sailboat shall call/hail the Race Committee Shore Station approximately three (3) NM from the finish on VHF Channel 71 Canadian. Sailboats are required to maintain radio contact with the shore station throughout the finish to ensure correct identification of the finishing sailboat, until 30 minutes after finishing, whether day or night. All boats shall record their finish time. When finishing between sunset and sunrise, all sailboats shall announce their sail numbers, immediately prior to finishing.
- 13.3. After a sailboat has finished, the Race Committee may acknowledge the completion by providing the sailboat's finish time or other signal. This acknowledgement, the failure to make the acknowledgement or its order, will not be grounds for a request for redress. This changes RRS 62.1 (a).

14. **PENALTY SYSTEM**

- 14.1. The Scoring Penalty, RRS 44.3, applies.

15. **TIME LIMITS**

- 15.1. The time limit will be 0900 EDT on Monday, August 14th.

16. **HEARING REQUESTS.**

- 16.1. Protests shall be filed using the online submission feature available after logging into the Owner's Corner on Race Document and Registration Web Site, within one hour of a sailboat's finish.
- 16.2. Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under rule 61.1(b) on the Official Notice Board.
- 16.3. Protests will be heard no later than 1000 EDT, Monday, August 14th, 2023, either in person and/or virtually.

17. **SCORING**

- 17.1. Double-Handed (DH) & Fully Crewed (FC) sailboats will race under the following rating/handicap systems: PHRF-LO Time-on-Time formula applies
- 17.2. Sailboats will be scored in their own classes.
- 17.3. The Organizing Authority reserves the right to adjust the scratch sailboat when converting the PHRF-LO Time-on-Distance to Time-on-Time based on the registrations received by the deadline. The Time-on-Time ratings will be published along with the division splits.

18. **SAFETY REGULATIONS**

- 18.1. [NP] Sailboats are encouraged to implement their own check-in process and with individuals ashore via phone email or other mechanisms.
- 18.2. A sailboat withdrawing from the race shall wear her ensign and keep clear of other competitors.
- 18.3. [DP] The Race Committee shall be notified of a sailboat's withdrawal at the earliest possible opportunity on VHF Channel Canadian 71, then at the Race Office, email, and phone number:
✓ Email: R2K@MimicoCruisingClub.com
✓ Phone Number: 1-647-376-7245
- 18.4. Sailboats may check in with the Race Committee at any time during the race to advise the Race Committee of their position at the Race Office, email, and phone number:
✓ Email: R2K@MimicoCruisingClub.com
✓ Phone Number: 1-647-376-7245
- 18.5. Failure of a sailboat to make every reasonable effort, under the circumstances, to comply with SI 18.3, may result in protest by the Race Committee. The results of this hearing may be used by the Organizing Authority whether to accept future registrations by this sailboat or its owner.
- 18.6. All sailboats racing shall be required to maintain a log of significant events, mark rounding, calls to the Coast Guard, and engine on and off for charging only. This record must be submitted as per Notice of Race (NoR).
- 18.7. A competitor that expects not to finish by the stated time limit (0900 EDT on Monday, August 14th) shall notify the Race Committee before 0900 of their location and status on VHF Channel Canadian 71, then at the Race Office, email, and phone number:
✓ Email: R2K@MimicoCruisingClub.com
✓ Phone Number: 1-647-376-7245

19. **EQUIPMENT AND MEASUREMENT CHECKS**

- 19.1. [NP] [DP] A sailboat may be inspected at any time during the period from the Mandatory Participants' Meeting until three hours after her finish. The Race Committee may, at the finish of the race, direct a sailboat to proceed directly to a designated location at Confederation Basin. A boat which fails to follow such directions, or which subsequently fails the inspection, may be protested by the Technical Committee.
- 19.2. [DP] The sponsored Back Stay Flag shall be flown from upon receipt at check-in, throughout the race, until after the Awards Ceremony.
- 19.3. The OA asks all competitors, from 2022, to fly from a backstay or shroud, their black Tourism Kingston flag for approximately 15 minutes prior to, until 15 minutes after finishing, and during their stay at the dock.

20. **PRIZES**

- 20.1. Prizes will be given as listed on the NoR.

21. **RISK STATEMENT**

- 21.1. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in an increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes.

22. **INSURANCE**

- 22.1. [DP] Each participating sailboat shall be insured with a valid third-party liability insurance policy with a minimum cover of \$2,000,000 CAD per event for Canadian boats and an adequate level of third-party liability insurance applicable in Canadian and US waters for non-Canadian sailboats.