



2023 J/105 Midwinter Regatta
March 9-12, 2023
Organizing Authority: Bay Access
Hosted by Lakewood Yacht Club & J/105 Fleet 17

SAILING INSTRUCTIONS
AMENDED 3/9/2023 12:30pm (SI 8.1)

1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2021-2024 edition (RRS).
- 1.2 The penalty for violating RRS 31 by touching an anchored race committee vessel shall be to retire from that race even if the race is restarted or resailed. This modifies RRS 44.1 and 64.2(b).
- 1.3 The notation "[DP]" in a rule in these Sailing Instructions means that the penalty for a breach of a rule may, at the discretion of the protest committee, be less than disqualification.

2 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0800 on the day it will take effect, except that any change to the schedule of races will be posted by 1800 on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the Official Notice Board which will be the glass windows on both sides of the south poolside foyer entrance at Lakewood Yacht Club (LYC).
- 3.2 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 69.
- 3.3 [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not freely available to all boats.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the LYC Flagpole immediately south of the clubhouse and east of the swimming pool.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 60 minutes" in RRS Race Signals AP.



5 SCHEDULE OF RACES

5.1

<i>Date</i>	<i>Time</i>	<i>Event</i>
Friday, March 12	1030	First warning signal, additional races to follow.
Saturday, March 13	1030	First warning signal, additional races to follow.
Sunday, March 14	1030	First warning signal, additional races to follow.
	1400	No warning signal after this time.

- 5.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

6 CLASS FLAGS

The J/105 Class flag is a flag with the J/105 Emblem.

7 RACING AREA

The racing area is Galveston Bay West of the Houston Ship channel, north of Eagle Point and south of Red Bluff. See SI Addendum 1.

8 COURSES

- 8.1 The diagrams in SI Addendum 2 show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left. The approximate course leg length is 0.75-1.5 NM.
- 8.2 No later than the warning signal, the race committee will display a number pennant indicating the course to be sailed.

9 MARKS

	Original Marks	New Marks
Mark 1	Orange Inflatable 8' tet	Yellow Inflatable 8' tet
Mark 1A	Orange buoy	Orange buoy
GATE (2P/2S)	Orange Inflatable 4' tet	Orange Inflatable 4' tet



Start	RC vessel or Orange buoy	RC vessel or Orange buoy
Finish	RC vessel or Orange buoy	RC vessel or Orange buoy

10 OBSTRUCTIONS

The following area is designated as an obstruction: The Houston Ship Channel. Reference is made to NOAA Electronic Navigational Chart US5TX54M, Upper Galveston Bay-Houston Ship Channel-Dollar Pt. to Atkinson (1/29/2021).

11 THE START

- 11.1 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.
- 11.2 The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.
- 11.3 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.

12 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

13 THE FINISH

- 13.1 The finishing line is between a staff displaying a blue flag on the RC signal vessel and the course side of a nearby finishing mark.
- 13.2 If the race committee Signal Boat is absent when a boat finishes, she shall report her finishing time, and her position in relation to nearby boats, to the race committee at the first reasonable opportunity.



14 PENALTY SYSTEM

- 14.1 RRS Appendix V1 Alternative Penalties will apply.
- 14.2 RRS Appendix T, arbitration, will apply, modified to include breaking CR 7.2, 7.5, 7.6, or 7.9.

15 TIME LIMITS AND TARGET TIMES

- 15.1 The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

<i>Mark 1 Time Limit</i>	<i>Race Time Limit</i>	<i>Target Time</i>	<i>Finishing Window</i>
35 minutes	90 minutes	35-50 minutes	20 minutes

- 15.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 15.3 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place two more than the points scored by the last boat that finished within the Finishing Window. However, the boat's score shall not be worse than Did Not Finish. This changes RRS 35, A4, A5 and A10.
- 15.4 The Target Time is the time within which it is expected that all competitors will finish a race. Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).

16 PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Intent to protest shall be signalled in accordance with the RRS 61.1.
- 16.2 A boat intending to protest another boat shall notify the race committee immediately after finishing and before communicating with coaches or spectators. Boats shall first sail to the non-course side of the finish vessel and report to the finish vessel. Boats that do not finish shall report their intent to protest to any race committee vessel at the first possible opportunity. This adds to RRS 61.1(a).
- 16.3 Protests, Scoring Inquiries and Requests for Redress shall be written on forms available in the foyer of the LYC Clubhouse Office. The protest time limit is sixty-minutes (60) after the race committee signal vessel returns to the Lakewood Inner Harbor. This time will be noted by one



long blast of the horn and will be posted on the official notice board. In the event the race committee signal vessel does not return to the Inner Harbor, the protest time limit will be one hour after notice of that fact is posted on the official notice board.

- 16.4 The times and locations of the protest hearings, along with the names of the boats involved will be posted on the official notice board within (30) minutes of the expiration of the protest time limit. Protest hearings may be conducted via Zoom.
- 16.5 Scoring inquiries shall be in writing and filed by 0730 hrs on the day following the race in question or 30 minutes after the posting of the preliminary results for that race, whichever is later, except for the last day of racing. For races held the last day of racing, scoring inquiries must be filed within the protest time limit or 30 minutes after the provisional final results are posted, whichever is later. Scoring inquiries shall first be submitted to the RC PRO for the line or fleet in question.

17 SCORING

- 17.1 Three races are required to be completed to constitute the regatta.
- 17.2 A boat's regatta score is the total of her race scores without exclusion. This changes RRS A2.

18 SAFETY REGULATIONS

- 18.1 Prior to the first warning signal each day, each boat is required to check in by passing the stern of the Race Committee Signal Boat on starboard tack and hail her bow number until acknowledged by the race committee.
- 18.2 [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

19 REPLACEMENT OF CREW OR EQUIPMENT

- 19.1 [DP] Substitution of competitors will be allowed only with the written approval of the Organizing Authority (OA) or Chief Judge in compliance with J/105 Class Rules.
- 19.2 [DP] Substitution of damaged or lost equipment will be allowed only with written approval of the J/105 Technical Committee or Chief Judge in compliance with the J/105 Class Rules.



20 EQUIPMENT AND MEASUREMENT CHECKS

- 20.1 A boat or equipment may be inspected at any time for compliance with the *rules*.
- 20.2 [DP] When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

21 [DP] SUPPORT TEAMS

- 21.1 Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.
- 21.2 Support person vessels shall comply with J/105 Class Rule 7.10.

22 OFFICIAL VESSELS

The race committee signal boat will display the traditional race committee flag (red, fouled anchor on a blue field with white letters "R" and "C", aside).

23 TRASH DISPOSAL

Trash may be placed aboard official or support person vessels.

24 BERTHING

[DP] Boats shall be kept in their assigned places while in the harbour.

25 HAUL-OUT RESTRICTIONS

[DP] Boats shall not be hauled out during the event except with and according to the terms of prior written permission of the race committee. In the case of an emergency, permission may be granted retroactively.

26 DIVING EQUIPMENT AND PLASTIC POOLS

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the last race of the event.

27 PRIZES

Prizes will be given for 1st through 3rd places. Daily prizes may also be awarded.

28 RISK STATEMENT

RRS 3 states: 'The responsibility for a boat's decision to participate in a



race or to continue to race is hers alone.’ By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury.

Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

29 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$300,000 per incident or the equivalent.

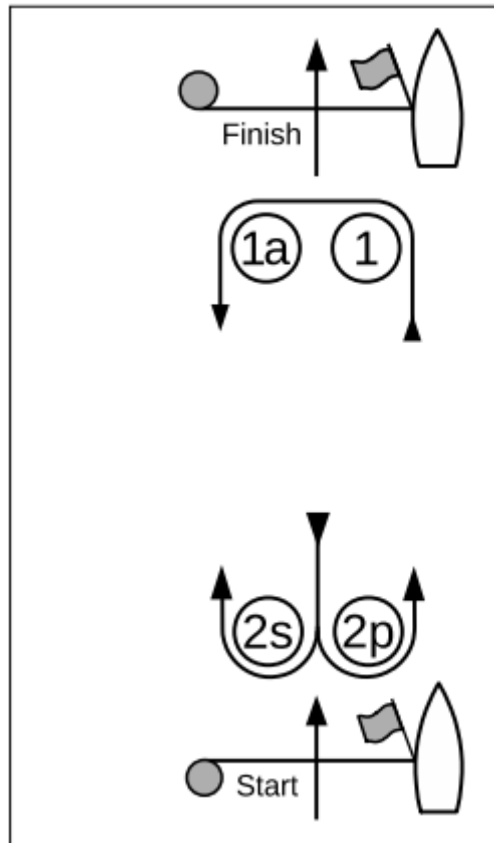
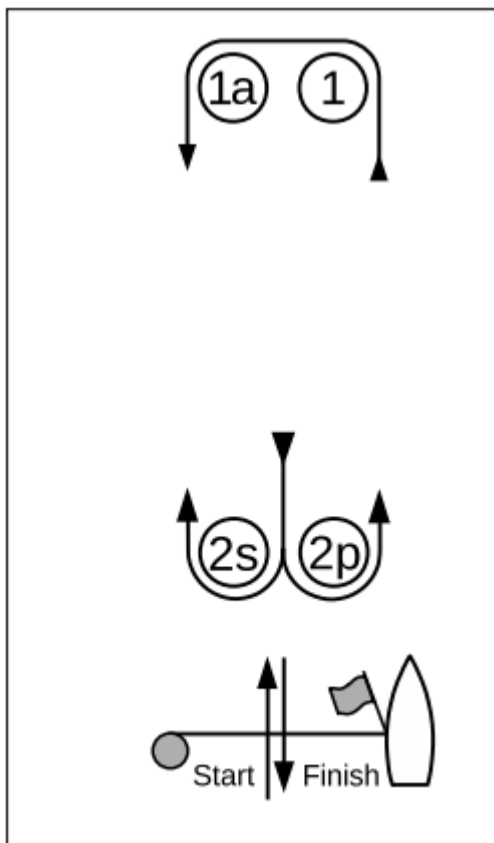


ADDENDUM #1





ADDENDUM #2



Windward Leeward with offset LEEWARD Finish	
<i>Signal</i>	<i>Mark rounding order</i>
4	Start-1-1a-2s/2p-1-1a-Finish
6	Start-1-1a-2s/2p-1-1a-2s/2p-1-1a-Finish

Windward Leeward with offset WINDWARD Finish	
<i>Signal</i>	<i>Mark rounding order</i>
3	Start-1-1a-2s/2p-Finish
5	Start-1-1a-2s/2p-1-1a-2s/2p-Finish