



Larchmont Yacht Club

(OA Organizing Authority)

J/70 EAST COAST CHAMPIONSHIP

Saturday, May 20 and Sunday, May 21, 2023

SAILING INSTRUCTIONS (SIs)

[NP] The notation '[NP]' in a *rule* means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

[DP] The notation '[DP]' in a *rule* means that the penalty for a breach of the *rule* may, at the discretion of the protest committee, be less than disqualification.

1. RULES

- 1.1 This event will be governed by the rules as defined in [The Racing Rules of Sailing](#) (RRS).
 - 1.2 [DP] The current [IJ70CA Class Rules](#) (J70CR) including Part III, Sections I.3 (Outside Assistance), I.4 (Corinthian Division), and I.5 (One-Pro Division) will apply.
 - 1.3 [NP] The current [IJ70CA Regatta Regulations](#) (J70RR) will apply.
 - 1.4 [DP] The current [IJ70CA Equipment Regulations](#) (J70RR) will apply.
 - 1.5 RRS Appendix V, Alternative Penalties, will apply.
- 2 Any changes to the sailing instructions will be posted no later than 1000 on the day they take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

2. COMMUNICATION

- 2.1 Notices to competitors will be posted on the official notice board located on Yacht Scoring at https://yachtscoring.com/notice_board_summary.cfm?eid=15859.
- 2.2 Each boat shall carry a VHF radio capable of communicating on VHF 72 & 78A.
- 2.3 On the water, the race committee will make courtesy broadcasts to competitors on VHF 78A.
- 2.4 Competitors are reminded that J70CR 1.3 (Outside Assistance) will be in effect.
- 2.5 [DP] While racing, from the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

3. SIGNALS MADE ASHORE

- 3.1 Signals made ashore will be displayed from the flagpole located on the front lawn.
- 3.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 45 minutes" in Race Signal AP.

4. SCHEDULE OF EVENTS

Saturday, May 20	0900 -1000	Check In and Continental Breakfast -Veranda
	1000	Skippers meeting Front Lawn
	1100	First Warning Signal
		Event dinner and beer keg following racing
Sunday, May 21	0900-1000	Continental Breakfast- Veranda
	1100	First Warning Signal
	1500	No warning signal after this time

Awards Presentation, on the front lawn, following the completion of racing

6. CLASS FLAGS

The class flag is the numeral one pennant

7. RACING AREA

The racing area will be in the waters off Larchmont Harbor.

8. COURSES AND MARKS

- 8.1 Courses will be windward-leeward with the leeward gate to weather of the starting line.
- 8.2 The signal vessel will display a course number on the course board no later than the warning signal.

Course:	Description:
4	Start – windward mark - leeward gate - windward mark - finishing to leeward leaving the race committee boat to port.
5	Start – windward mark - leeward mark - windward mark - leeward mark - finishing to windward leaving the race committee boat to starboard

8.3 Course lengths are at the discretion of the race committee.

9 MARKS

9.1 Original rounding marks will be orange tetrahedrons

9.2 New marks, as provided in SI # 11, will be yellow tetrahedrons

10 THE START

10.1 Races will be started in accordance with RRS 26.

10.2 The starting line will be between a staff displaying an orange flag on the signal vessel and the course side of an orange cylinder on the port end.

10.3 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number via the official VHF channel. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a request for redress. This changes RRS 62.1(a).

10.4 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

11 CHANGE THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When a subsequent new mark is replaced, it will be replaced by an original mark.

12 THE FINISH

12.1 The finish line will be between a staff displaying a blue flag on the signal vessel and the course side of a orange cylinder on the starboard end for course 4 and between the course side of the windward mark and the rc vessel on course 5.

12.2 If Flag A is displayed at the finish, it means no more racing today.

13 TIME LIMITS

13.1 The time limit for the first boat to start, sail the course and finish is 90 minutes.

13.2 Boats failing to finish within 20 minutes after the first boat in that division has started, sailed the course and finished will be scored "TLE". This changes rule 35.

14 HEARING REQUESTS

14.1 The protest time limit is 60 minutes after the RC finish vessel personnel come ashore. All protest time limits will be posted on the official notice board.

14.2 Rule 61.1(a) is changed, add: Immediately after finishing, a protesting boat shall notify the race committee of her intent to lodge a protest and the identity of the boat she intends to protest.

14.3 Hearing requests such as protests and requests for redress may be filed with the Protest Secretary on the 2nd floor of the main clubhouse. All such requests shall be delivered within the time limit.

14.4 The official notice board will be Yacht Scoring at: https://yachtscoring.com/event_protests.cfm?eid=15859
Notice of hearings will be posted on the official notice board as soon as possible after the protest time limit has expired.

14.5 Notices of protests by the race committee or protest committee will be posted on the official notice board to inform boats under RRS 61.1(b).

15 SCORING

15.1 One completed race will constitute a series.

15.2 If fewer than 5 races are completed, a boat's series score will be the total of her race scores without exclusion. If 5 or more races are completed, a boat's series score will be the total of her race scores excluding her worst score.

- 15.3 Boats scored “TLE” will receive 2 points more than the number of finishers in that race but will not be scored worse than DNF.
- 15.4 RRS 90.3(e) will apply with the time limit changes to seven (7) days. This changes RRS 90.3(3)

16 SAFETY REGULATIONS

- 16.1 Prior to the warning signal of her first race each day, a boat shall sail past the stern of the race signal vessel, hail her sail number and be acknowledged by the race committee.
- 16.2 [DP] A boat that retires from a race or does not intend to compete in a race after checking in shall notify the race committee as soon as possible.
- 16.3 [DP] All boats and support vessels shall comply with RRS 37 when flag V (white rectangle with red X) is displayed with 1 sound.

17 HAUL OUT RESTRICTIONS

Boats shall not be hauled out during the regatta except without prior written permission by the race committee.

18 TRASH DISPOSAL

Trash may be placed aboard official or support person vessels.

19 PRIZES

Prizes will be awarded to first, second and third place boats along with the top place Corinthian team, following the completion of racing Sunday, May 21, 2023 on the front lawn of Larchmont YC. This changes the Notice of Race.

20 RISK STATEMENT

Competitors are reminded of the Disclaimer of Liability to which they agreed as stated in the notice of race.

FURTHER INFORMATION

For further information please contact Larchmont Yacht Club, One Woodbine Avenue, Larchmont, NY 10538. Telephone: 914-834-2440. Website: www.larchmontyc.org. Email: racecommittee@larchmontyc.org
 Mark S. Dailey and Cynthia A. Parthenos - Regatta Committee Co-Chairmen
 Eric Beardsley and Patrick Slattery – Event Co-Chairmen
 Cynthia Parthenos - Event Principal Race Officer
 Collamore Crocker – Protest Committee Chairman

**Course Diagrams
Schematic – not to scale**

