



NORWALK ISLANDS SAILING FLEET & NORWALK YACHT CLUB SATURDAY SERIES

Racing: May 27th – September 30th, 2023
Awards Night: 1700 – 1900 Sunday, November 5th, 2023

**Norwalk Islands Sailing Fleet
Norwalk, CT**

SAILING INSTRUCTIONS

ORGANIZING AUTHORITY (OA)

The series of races is organized by the Norwalk Islands Sailing Fleet (NISF) in conjunction with the hosting clubs. The hosting clubs will organize and provide race committee for their individual races as listed here:

King Cup	Minuteman Yacht Club
Chanteyman Cup	Norwalk Yacht Club
Yellow Rock Race	Norwalk Yacht Club
Greens Ledge Race	Norwalk Yacht Club
Full Moon Evening Race	Saugatuck Harbor Yacht Club
NISF Challenge	Shore & Country Club
BJ Ryan Cup	Shore & Country Club

1 RULES

The regatta will be governed by the rules as defined in:

- 1.1 The Racing Rules of Sailing (RRS);
- 1.2 The PHRF Class Rules as administered by the Yacht Racing Association of Long Island Sound (YRALIS) (<http://www.yralis.org>);
- 1.3 The Nearshore category of US Sailing's Safety Equipment Requirements (SER) (<https://www.ussailing.org/wp-content/uploads/2022/01/Monohull-SER-2022.0-Nearshore.pdf>); and
- 1.4 The House Rules of the hosting club. (DP)
- 1.5 RRS A5.3 shall apply. RRS Rules will be changed as stated in these Sailing Instructions: Race Signal AP, 62.1(a), 29.1, 44.1, 35, A5.1, A5.3, A10, 61.3, A2.2, and A5.3.

2. CHANGES TO SAILING INSTRUCTIONS & NOTICES TO COMPETITORS

- 2.1 Changes to the Sailing Instructions will be posted on yachtscoring.com at least 24 hours before taking effect and communicated by email; or
- 2.2 on the water from the race committee signal boat by displaying international signal flag L and orally communicating the change by broadcasting on VHF radio channel 5A (1005) in the 10 minutes before

the warning signal on the day they take effect.

- 2.3 Communications with competitors may be by email; or
- 2.4 on the water, the race committee will monitor and communicate with competitors on VHF radio channel 5A (1005).

3. SIGNALS MADE ASHORE

- 3.1 Signals made ashore will be displayed at the flagpole of the hosting club not later than 1100 on race days. Any signals made ashore shall also be broadcast on VHF radio channel 5A (1005) at 1100 and again on the half hour and hour until AP is lowered or the race is abandoned. For the Full Moon Evening Race, 1100 is replaced by 1600.
- 3.2 When flag AP is signaled ashore, '1 minute' is replaced with 'not less than 60 minutes' in race signal AP.

4. SCHEDULE OF RACES

Date:	Race:	Race Committee:	Starting Area:	Post-race Party:
May 27 th	King Cup	Minuteman YC	R "26"	Minuteman YC
June 10 th	Chanteyman Race	Norwalk YC	GL*	Norwalk YC
July 8 th	Yellow Rock Race	Norwalk YC	GL*	Norwalk YC
July 22 nd	Greens Ledge Race	Norwalk YC	GL*	Norwalk YC
July 29 th	Full Moon Evening Race	Saugatuck Harbor YC	R "26"	none
August 26 th	NISF Challenge	Shore & Country Club	R "26"	Norwalk YC
September 30 th	BJ Ryan Cup	Shore & Country Club	R "26"	BJ Ryan East

*GL = Approximate, (Pin) in the vicinity of Greens Ledge Light

- 4.1 One race for each class or combined classes is scheduled for each date.
- 4.2. The scheduled time of the first warning signal is 1200; except that the first warning signal for the Full Moon Evening Race is 1700.

5. CLASSES

- 5.1. There shall be 2 classes; a spinnaker class (Class 1) and a non-spinnaker class (Class 2).
The OA reserves the right to divide any class into two or more divisions.
- 5.2. Classes and/or divisions will be designated in the scratch sheet and published in the order of their scheduled starts which will be available at Yachtscoring.com and from the race committee signal boat on race days prior to racing.
- 5.3. Class flags will be the international signal flags numeral pennant corresponding to the class designation in the scratch sheet.
- 5.4. The OA or Race Committee may, at its discretion, determine that spinnakers shall not be used in the Yellow Rock Race or depending upon conditions on a specific race day. However, a boat that has entered the series and has raced in the spinnaker class shall continue to be scored in the spinnaker class for all races in the series.
- 5.5. A boat registered in the non-spinnaker class shall sail with main and jib only. Should a boat registered in the non-spinnaker class choose to sail in the spinnaker class for an individual race, she shall inform the race committee signal boat prior to racing. Her series score for that race shall be Did Not Compete (DNC) in the non-spinnaker division and she shall not be registered or given a series score in the spinnaker division. However, for the individual race, she shall be scored and eligible for prizes in the spinnaker division and the scores of other boats shall not be changed.
- 5.6. Individual races may also have starts for other classes not scored in the series.

6. RACE AREA

As shown in the Schedule of Races, the starting area will be south of Rowayton, Connecticut in the vicinity of Greens Ledge Light, **OR** south of Norwalk, Connecticut in the vicinity of government mark R "26".

7. COURSES & MARKS

- 7.1. Courses will be "navigator's" courses around government marks, to be chosen for the day from the list of marks attached hereto as Appendix 1 – Marks.
- 7.2. An orange or yellow inflatable tetrahedrons may be used as the pin and/or as a turning mark (Mark X) to be located by announcement of the range and bearing from the pin.
- 7.3. Appendix 2 gives approximate magnetic compass bearings and distances between each pair of marks listed in Appendix 1.
- 7.4. All course marks will be left to port, unless announced otherwise and/or the signal boat displays a green placard immediately after a course placard, in which case that mark will be left to starboard.
- 7.5. The race committee signal boat will announce the courses for each class including any marks to be left to starboard and the approximate range and magnetic compass bearing to the first mark by broadcasting on VHF radio channel 5A (1005) no later than one minute before the warning signal.
- 7.6. If equipped to do so, the race committee signal boat may also designate the class or classes with class placards using the corresponding roman numerals followed by the applicable course signal placards reading from bow to stern. If different courses are to be sailed, they shall be listed below with class placards followed by the applicable course placards for that class or classes.
- 7.7. The number "2" displayed after the course letters means the course shall be sailed twice around.
- 7.8. The race committee signal boat will make a series of short sounds to draw attention to postings and changes to the course board and one minute before the first warning signal.

8. COURSE RESTRICTIONS AND AREAS THAT ARE OBSTRUCTIONS

- 8.1. The following areas are designated as obstructions. While racing, boats shall not cross a line segment: between RN"28" and R"2A" (unless RN "28" is designated as a turning mark);
- 8.2. between R"2A" and the abandoned lighthouse at the western end of Sheffield Island;
- 8.3. between RN"28" and the abandoned lighthouse at the western end of Sheffield Island; or
- 8.4. Extending true north of R"30" at Smiths Reef.

9. THE START

- 9.1. Boats shall check-in before starting by sailing astern of the race committee signal boat and hailing until acknowledged.
- 9.2. The order of starts will be spinnaker (Class I) followed by non-spinnaker (Class II) unless otherwise announced. Classes may be combined into a single start. Warning signals for subsequent classes will be made with or after the starting signal of the preceding class.
- 9.3. Boats whose warning signal has not been made shall keep clear of the starting area during the starting sequence for other races.
- 9.4. The starting line will be between a staff displaying an orange flag on a race committee signal boat at the starboard end and the course side of the port-end starting mark.
- 9.5. When an Individual Recall is signaled and a boat is identified, the race committee will attempt to broadcast her sail number on VHF radio channel 5A (1005). Failure to make a broadcast, or for it to be heard, or the timing or order of the hail, shall not be cause for redress. This changes RRS 62.1(a).
- 9.6. When RRS 30.1 the I Flag Rule is in effect, the race committee will hail boats on course side as they are identified. This may be during the minute before the start. This changes RRS 29.1.
- 9.7. A boat that starts later than 20 minutes after her starting signal will be scored DNC.

10. NAVIGATION RULES

A boat observed by the race committee to break a rule shall be subject to protest. (DP)

10.1. All boats are reminded that when a boat sailing under these rules meets a vessel that is not, she shall comply with the Inland Navigation Rules. For the purpose of this SI rule any commercial tug & barge shall be considered a vessel restricted in her ability to maneuver regardless of her lights and shapes displayed.

10.2. All boats competing in the Full Moon Evening Race are reminded to display proper running lights after sunset, but not display an all-round light (anchor light) or a masthead light (steaming light) while sailing. A trilight may be displayed at the masthead only when sailing. When a trilight is displayed at the masthead, no other running lights may be displayed

11. THE FINISH

11.1. The finish line will be between a staff displaying a blue flag (or flag S if the course is shortened) on a race committee boat and the course side of the nearby finishing mark which may be to port or starboard at the discretion of the race committee.

11.2. If the race committee is absent when a boat finishes, she shall leave the finish mark to port and within 50 feet and record her finish time, using GPS time of day to the second when her bow crosses a line perpendicular to the last leg of the course. She shall report her finishing time to the race committee at the first reasonable opportunity.

11.3. A boat that retires shall inform the race committee of her status at the earliest opportunity. Failure to do so may result in being protested and if disqualified she may be scored Disqualification Not Excludable. (DNE)

11.4. A boat finishing after sunset in the Full Moon Evening Race shall shine a light on her sail number and hail the race committee finish boat or otherwise ensure that she has been properly identified when finishing. Boats failing to be identified may be scored DNF without a hearing.

12. PENALTY SYSTEM

12.1. RRS 44.1 is changed so that the Two-Turn Penalty is replaced by the One-Turn Penalty.

12.2. A boat that takes a One-Turn Penalty shall inform the Race Committee immediately after finishing. This changes RRS 44.1.

13. TIME LIMIT

13.1. The time limit for the first boat to sail the course and finish is 4 hours after the class start time, except that the time limit for the Full Moon Evening Race shall be 7 hours from the class start time.

13.2. Boats failing to finish within 60 minutes after the first boat in her class sails the course and finishes will be scored Time Limit Expired (TLE) without a hearing. (See SI Rules 11.2 & 15.5) This changes RRS 35, A5.1, A5.3 and A10.

14. PROTESTS AND REQUESTS FOR REDRESS

14.1. A party intending to protest shall inform the race committee at the first reasonable opportunity and no later than 30 minutes after the time the race committee signal boat docks. This changes RRS 61.3.

14.2. Protests and requests for redress shall be delivered to the race office at the Norwalk Yacht Club by hand or email (regatta@norwalkyachtclub.com). The time limit shall be 1800 on the day following the race. This changes RRS 61.3.

14.3. Hearings will be held at 2000 on the Monday following the protest at Norwalk Yacht Club, or at another time and place agreed to by the relevant parties.

15. SCORING

- 15.1 Each class will be scored using current PHRF handicaps provided by YRALIS. "Spinnaker W/L Ratings" will be used for spinnaker classes and "Non Spinnaker W/L Ratings" will be used for non-spinnaker classes.
- 15.2 Scoring will be done using Time-on-Distance computation. The distance of each race shall be determined by the race committee, and will not be grounds for redress.
- 15.3 Two completed races constitutes a series.
- 15.4 (a) When fewer than 4 races have been completed, a boat's series score is the total of her race scores.
(b) When 4 to 5 races have been completed, a boat's series score is the total of her race scores excluding her worst score.
(c) When 6 or more races have been completed, a boat's series score is the total of her race scores excluding her two worst score.
- 15.5 Rule A5.3 will apply with the following change: Rule A5.3 shall be changed by adding "A boat that did not finish (DNF) because the time limit expired (TLE) shall be scored points for the finish place two more than the number of boats that finished." This changes RRS 35, A5.1, A5.3 and A10.
- 15.6 Rule A5.3 is further changed so "...a boat that did not come to the starting area (DNC) shall be scored points for the finishing place one more than the largest number of boats that came to a starting area for any of the races of the series being scored". Preliminary results will be recalculated at the conclusion of the series with the adjusted value for DNC. This changes RRS A2.2 and A5.3
- 15.7 Results will be posted on yachtscoring.com.

16 PRIZES

- 16.1 Prizes for individual races will be awarded by NISF for boats for 1st; and 2nd in a class or division of 3 or more boats; and 3rd in a class or division of 5 or more boats.
- 16.2 In addition, the season overall prizes will be awarded by NISF for boats finishing 1st; and 2nd in a class or division of 3 or more boats; and 3rd in a class or division of 5 or more boats.
- 16.3 Perpetual trophies for individual races shall be managed by the host club, where applicable.
- 16.4 The Season Awards Ceremony will be held at Norwalk Yacht Club from 1700-1900 on Sunday, November 5th, 2023.

17. RESPONSIBILITY FOR SAFETY

Competitors participate in the regatta entirely at their own risk. See RRS Rule 3, Decision to Race. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with, or prior to, during, or after the regatta. As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the Norwalk Islands Sailing Fleet; Minuteman Yacht Club; Norwalk Yacht Club; Saugatuck Harbor Yacht Club; or Shore & Country Club the owner, helmsman, and each crew member agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she, or any heir, representative, successor, or assignee, may have against the Organizing Authority; the Race Committee; and each of their respective officers, trustees, members, committees, employees, agents, or volunteers, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea and weather conditions rests with each competitor; as does the responsibility for the safe condition and operation of their boat, including safety equipment and rigging, and for wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel manning them is at the risk of the participant.

18. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$300,000 per incident.

19. FURTHER INFORMATION

Please contact: NorwalkSailing@gmail.com

Or Sailing Director at Norwalk YC, 10 Nathan Hale Drive, S Norwalk, CT, 06854

Phone 203-866-0941

VHF Channel 78A (1078)

Or Jim Travis Regatta Chair

regatta@norwalkyachtclub.com

Cell 203-246-0254



**NORWALK ISLANDS SAILING FLEET & NORWALK YACHT CLUB
SATURDAY SERIES**

**SAILING INSTRUCTIONS
APPENDIX 1
MARKS**

X	yellow or orange inflatable	Range & bearing from start
A	R"26"	41° 03.65' N 73° 22.02' W
B	R"24"	41° 04.50' N 73° 19.84' W
C	G"11B"	41° 00.03' N 73° 23.70' W
E	R"28C"	41° 00.56' N 73° 25.21' W
F	R"22"	41° 06.45' N 73° 15.78' W
G	R"28"	41° 02.38' N 73° 25.50' W
H	C"13"	40° 58.21' N 73° 23.64' W
I	yellow or orange inflatable Vicinity Greens Ledge Light	41° 02.40' N 73° 26.77' W
J	G"15"	40° 57.70' N 73° 29.17' W
K	R"32"	41° 00.19' N 73° 31.42' W

Additional government marks may be announced for the Full Moon Evening Race and at the discretion of the RC (See SI Rule 2 Changes to Sailing Instructions).



**NORWALK ISLANDS SAILING FLEET & NORWALK YACHT CLUB
SATURDAY SERIES**

**SAILING INSTRUCTIONS
APPENDIX 2**

MAGNETIC COURSES AND NAUTICAL MILE DISTANCES BETWEEN MARKS

-	A R"26"	B R"24"	C G"11B"	E R"28C"	F R"22"	G N"28"	H C"13"	I GL*	J G"15"	K R"32"
A R"26"	-	76° 1.88	212° 3.88	231° 3.95	73° 5.5	259° 2.9	206° 5.6	265° 3.73	236° 8.1	257° 7.9
B R"24"	256° 1.88	-	226° 5.45	239° 5.66	70° 3.6	258° 4.76	219° 7.05	262° 5.55	240° 9.9	257° 9.8
C G"11B"	32° 3.88	46° 5.45	-	311° 1.24	56° 8.9	345° 2.8	193° 1.81	332° 3.34	255° 4.8	285° 5.8
E R"28C"	51° 3.95	59° 5.66	131° 1.24	-	64° 9.33	07° 1.93	167° 2.66	345° 2.27	240° 4.2	280° 4.67
F R"22"	253° 5.5	250° 3.6	236° 8.9	244° 9.33	-	255° 8.35	230° 10.25	258° 9.2	242° 13.54	255° 13.4
G R"28"	79° 2.9	78° 4.76	165° 2.8	187° 1.93	55° 8.35	-	175° 4.5	289° 0.84	225° 5.55	257° 4.95
H C"13"	26° 5.6	39° 7.05	13° 1.81	347° 2.66	50° 10.25	355° 4.5	-	355° 4.9	276° 4.26	304° 6.12
I GL*	85° 3.73	82° 5.55	152° 3.34	165° 2.27	78° 9.2	109° 0.84	175° 4.9	-	216° 5.25	251° 4.25
J G"15"	56° 8.1	60° 9.9	75° 4.8	60° 4.2	62° 13.54	45° 5.55	96° 4.26	36° 5.25	-	340° 2.7
K R"32"	77° 7.9	77° 9.8	105° 5.8	100° 4.67	75° 13.4	77° 4.95	124° 6.12	71° 4.25	160° 2.7	-

*GL = Approximate, (Pin) in the vicinity of Greens Ledge Light