



Junior Sailing Association of Long Island Sound
56th Annual Regatta for The Dorade Trophy
Hosted by
Stamford Yacht Club
Monday, August 7, 2023

NOTICE OF RACE

1. RULES

The race will be governed by:

- 1.1 The rules as defined in the current Racing Rules of Sailing (RRS), except as may modified by this Notice or the Sailing Instructions. Special attention is drawn to NoR 6.2 and 14.
- 1.2 The current PHRF Regulations of the YRA of Long Island Sound.
- 1.3 The current US Sailing Safety Equipment Requirements. The recommendations are available at [US Safety Equipment Requirements \(SER\) - US Sailing](#)
- 1.4 The Rules for JSA of LIS (JSA) Events, JSA Code of Conduct and [USSailing SafeSport-Handbook](#) will apply.
- 1.5 The following RRS optional rules will apply:
 - a) Appendix V2, Penalty Taken After a Race, will apply.
- 1.6 The RRS listed below will be changed as follows. The Sailing Instructions may also change other rules.
 - a) Rule 64.5 (b) is changed to require a hearing before any action is taken.
 - b) Rule 61.1(a) is changed so that “A boat intending to protest about an incident that occurs in the racing area shall, without consultation with instructors, coaches or support persons, notify the Race Committee (RC) finish boat of her intention as soon as possible after finishing, including (if possible) the sail number of the boat(s) being protested.”

2. RACE MANAGEMENT

- 2.1 The Organizing Authority (OA) is JSA of LIS. Race management is by Stamford Yacht Club.
- 2.2 The Race Committee shall use VHF Channel 05A.
- 2.3 The US Coast Guard can be reached on VHF Channel 16 and by phone at: 631-261-6868

3. RATINGS AND SCORING

- 3.1 The current PHRF of the YRA of LIS WL ratings will be used. Weight limits will not be in effect.
- 3.2 Corrected times computed using Time-On-Time.

4. ELIGIBILITY AND SAFETY REQUIREMENTS

4.1 Boat Eligibility (JSA rule Appendix F.2)

4.1.1 The race is open to boats owned by:

- a. a member of a YRA member club; or
- b. a member of an association that is a member of JSA; or
- c. a community sailing program that is a member of JSA.

4.1.2 Boats shall be not less than 27 feet HL nor more than 44 feet HL. The Organizing Authority reserves the right to include vessels outside this size range.

4.1.3 Boats shall have installed and functioning: head, navigation lights, and VHF radio.

4.1.4 Sportboats may be allowed to race in a “Sport Boat Division” if, at the discretion of the Organizing Authority, that division is included in the regatta. Sport boats shall submit their registrations by Friday, August 4, 2023 to allow the Organizing Authority time to decide if a Sport Boat division will be included in the regatta. The vessel shall be shown to comply with JSA Rule Appendix F.7 by completing the “Sport Boat Rule” - Compliance Form.

4.1.5 Notwithstanding 4.1.4, the committee reserves the right to identify or not to identify any boat that it feels is or is not a sport boat, regardless of whether it meets any of the above criteria

4.1.6 Boats shall have a valid, current YRALIS PHRF certificate. Yachts that do not include a valid, current certificate with their registration will not be scored.

4.1.7 The Organizing Authority shall have the right to reject any entry for any reason.

4.2 ADVISORS/CREW ELIGIBILITY AND RESPONSIBILITY

4.2.1 With the exception of sprit boats less than 35 feet HL, each Yacht shall have aboard at least two senior advisors (“Advisors”), one of whom shall be the Boat Owner (BO) or a designated Owner’s Representative (OR), who shall be at least 25 years old, and be capable of taking command of the yacht in emergency conditions; and the other(s) of whom shall be at least 18 years old. Sprit boats less than 35 feet HL may sail with one Advisor (BO or OR). This modifies JSA Rule Appendix F3 Advisors.

4.2.2 Instructors may serve as Advisors; however, an instructor may *not* serve as an OR.

4.2.3 All junior sailors (“Juniors”) and their instructor advisors shall be members of JSA and members of a member program.

4.2.4 Each Yacht shall be crewed by at least five Juniors who are at least 14 years old and at most 18 years old by the end of the current calendar year.

4.2.5 Juniors shall constitute at least 60% of the total number of persons aboard.

4.2.6 For boats over 35 feet, it is recommended that there be at least three advisors.

4.2.7 Crew recommendations:

4.2.7.1 Boats under 35 feet: no more than 8 junior crewmembers

4.2.7.2 Boats 35 – 41 feet: no more than 10 junior crewmembers

4.2.7.3 Boats 42 feet and over: no more than 12 junior crewmembers

5. OWNER, OWNER’S REPRESENTATIVE AND ADVISOR RESPONSIBILITY

5.1 For the purposes of this section, the Boat Owner shall include the Owner’s Representative.

5.2 The Boat Owner is responsible for the safety of the yacht and its crew as well as the conduct of

the crew before and during the race, and compliance with the Notice of Race and the Sailing Instructions.

- 5.3 The Boat Owner, or designated Owner's Representative, has the final say in matters pertaining to the safety of the crew and the boat. (RRS Fundamental Rule 3)
- 5.4 The Advisors/Owners are not considered crewmembers and shall not assist the sailors with boat handling, trimming, racing strategies or steering, except when a safety issue is involved. Any such safety issue shall be logged and reported to the Race Committee as specified in NOR 5.5.
- 5.5 If safety is a factor, the Owner or Advisor may take the helm, issue orders, use the engine, or take any appropriate action. Any such intervention should be recorded, in detail, in the log. At the very least, such detail shall include the GPS coordinates and time for both the start and finish of the period in which the adult advisor intervenes under this section. Immediately upon finishing, the yacht shall inform the race committee that an owner/advisor intervention has occurred and that there will be a submission. That submission is due in writing the later of noon the day following the start, or 12 hours after finishing, whichever is later. A protest committee will evaluate the situation to determine if a time adjustment or other penalty is required. Such action will not be grounds for automatic disqualification.

6 SAFETY REQUIREMENTS

- 6.1 All boats shall comply with the Rules for JSA Events.
- 6.2 All boats shall comply with the current US Sailing Safety Equipment Requirements for Near Shore events. This modifies JSA Rule Appendix F.6.
- 6.3 The Organizing Authority or Race Committee may make spot inspections before or after the race to assure compliance with the rules and reserves the right to disqualify or assess a penalty based on its findings.

7. SPECIAL REQUIREMENTS

At the time of entry, each yacht shall certify by filing the required document that 80% of the crew has participated in each of the following:

- Man Overboard Upwind Recovery,
- Man Overboard Downwind Recovery with Spinnaker,
- Reefing Mainsail

8. ENTRY PROCESS

- 8.1 Boats enter and pay by completing the process found at: www.yachtscoring.com (which may also be accessed via the JSA website) **and completing the forms which are available via the event page. The forms are in fillable PDF format and are to be downloaded, completed and emailed to sailingdirector@stamfordyc.com or mailed to and/or arrive at Stamford Yacht Club by the time and date specified in NOR 8.2. They may also be hand delivered. The forms include: Man Overboard Certificate, Crew Form, and Boat Owner's Certificate and Waiver.**
- 8.2 Entries must be received by **1800, Friday, August 4, 2023**. Late entries may be accepted at the discretion of the Race Committee. ***Absolutely NO entries or associated paperwork will be accepted on the water.***
- 8.3 A valid PHRF Rating Certificate shall be on file with the YRA of LIS. Rating Certificate revisions may be accepted after submission of the Entry Form at the discretion of the OA.
- 8.4 A completed and signed **2023 JSA Waiver** form for each of the Junior crew member must be on file with JSA by **1800, Friday, August 4th.**

9. FEES

- 9.1 The fee shall be \$50.00 per boat
- 9.2 The fee for late entries shall be \$75.00 per boat

10. SAILING INSTRUCTIONS

- 10.1 The sailing instructions will be available via the JSA website, or at Yacht Scoring.

11. COMMUNICATION

- 11.1 While racing, except in the course of a roll call or emergency, a boat shall neither make nor receive wireless communications not simultaneously available to all boats and at no fee. This restriction also applies to personal mobile devices.
- 11.2 Each Yacht shall have at least one radio capable of receiving automatic weather alerts and tone alarms.
- 11.3 Each Yacht shall monitor both Channels 16 and 05A.
- 11.4 An Owner/Advisor on each Yacht shall have an on-board cell phone the number of which shall be provided on the entry form.

12. SCHEDULE

- 12.1 The first signal will sound at 1000 on Monday, August 7, 2023 at approximately 1.2 NM northeasterly of Red Bell "32A" (Mid-Sound).

13. INSPECTIONS

- 13.1 The OA shall reserve the right to inspect any or all yachts for compliance with eligibility and equipment requirements before the start of the race or after its finish. The inspection is a courtesy and it remains the responsibility of the Boat Owner or Owner's Representative /Advisor to comply with all requirements. Failure to be in compliance subjects the yacht to protest and time penalties or disqualification in accordance with RRS.
- 13.2 A completed and signed Self Inspection Report shall be filed together with the entry forms.

14. DISCLAIMER OF LIABILITY

- 14.1 By entering this regatta, skipper and all crew recognize that sailing is an activity that has an inherent risk of damage and injury, sickness and disease (including communicable diseases such as COVID-19) associated with it. Further, they have read rule 3, Decision to Race, and hereby acknowledge and agree that we are participating in this event entirely at our own risk.
- 14.2 By entering this regatta, skipper and all crew agree to be bound by the COVID-19 restrictions implemented by the yacht club to which they belong.

15. PERSONAL CONDUCT

- 15.1 All junior sailors, instructors and support persons are expected to behave in accordance with recognized principles of sportsmanship, good manners and fair play. A junior sailor, instructor or support person may be disciplined as per JSA Rule 4, the JSA Code of Conduct, RRS 64.4 or RRS 69 for violation of this Rule. An alleged breach of this requirement shall not be grounds for a protest. However, when the protest committee believes that a competitor may have breached the above requirement, it shall follow the process described in the JSA Code of Conduct.

- 15.2 If an instructor is asked to leave a race course, all junior sailors for whom that instructor is responsible shall leave the race course as well unless other satisfactory supervisory arrangements are made.

Race Management:

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