

# SAILING INSTRUCTIONS



**July 15-16, 2023**

The National Yacht Club  
1 Stadium Road  
Toronto, Ontario

*The notation '[DP]' in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.*

## 1. RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The prescriptions of Sail Canada will apply and will be posted on the official notice board.

## 2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board in the West Hallway.

## 3. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 1800 on the day before it will take effect.

## 4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the flag pole West of the National YC Clubhouse.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 60 minutes" in the race signal AP.
- 4.3 The warning signal will not be made less than 60 minutes after Flag D is displayed.

## 5. SCHEDULE OF RACES

Dates of racing, number of races and scheduled times are:

Date	Races Scheduled	First Warning	Latest Warning
Saturday, July 15	4	1100	n/a
Sunday, July 16	3	1030	1500

- 5.1 A maximum of 4 races will be held on Saturday and a maximum of 3 races will be held on Sunday.
- 5.2 One extra race per day may be sailed, provided that no class becomes more than one race ahead of schedule.

## 6. CLASS FLAGS

Class flags will be:

Class	Flag
2.4mR	Class Flag

## **7. RACING AREA**

The racing area will be South of Ontario Place.

## **8. THE COURSES**

- 8.1 The diagrams in Attachment A show the courses, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2 No later than the warning signal, the race committee will designate the course by displaying the course number, and may also display the approximate compass bearing of the first leg.

## **9. MARKS**

- 9.1 Marks are described in Attachment A.

## **10. THE START**

- 10.1 The starting line will be between a staff displaying an orange flag on the race committee signal vessel at the starboard end and the course side of the port-end starting mark.
- 10.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. The starting area is a box that extends 50 meters from the starting line in all directions. [DP]
- 10.3 When Flag C is displayed at or before the warning signal, until after the starting signal, the windward mark will be the new mark listed in Appendix A. In a subsequent change, a new mark will be replaced with an original mark.
- 10.4 A boat that does not start within 4 minutes after her starting signal may be scored Did Not Start without a hearing. This changes RRS A4 and A5.
- 10.5 The race committee may make a series of short sounds to alert boats that a race or sequence of races will begin soon.
- 10.6 The race committee will attempt to broadcast the sail numbers of premature starters on the designated VHF channel.

## **11. CHANGE OF THE NEXT LEG OF THE COURSE**

To change the next leg of the course, the race committee will lay a new mark and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

## **12. THE FINISH**

- 12.1 The finishing line will be between a staff displaying a blue flag on the race committee signal vessel and the red finishing mark (red).
- 12.2 If the race committee does not plan to run another race it will display Flag H at the finish.

## **13. PENALTY SYSTEM**

- 13.1 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 13.2 RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one.
- 13.3 After a race, a boat that may have broken a rule of Part 2 or rule 31 while racing may take a Post-Race Penalty for that incident. The penalty shall be a Scoring Penalty, calculated as stated in rule 44.3(c). However, rules 44.1(a) and (b) apply. A boat takes a Post-Race Penalty by informing the race committee in writing and identifying the race number and when and where the incident occurred. The Post-Race Penalty shall be (a) 20%, if taken before the protest time limit, or (b) 30%, if taken after the protest time limit but before the beginning of a hearing involving the incident.

#### **14. TIME LIMITS**

- 14.1 The time limit for each race is 60 minutes.
- 14.2 Boats failing to finish within 10 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.
- 14.3 If no boat has passed the first mark within 20 minutes the race will be abandoned.
- 14.4 The race committee may, at its discretion, finish boats on course, awarding points equivalent to the boat's position in the race. The race committee determines the method and order. This changes RRS 35, A4 and A5.

#### **15. PROTESTS AND REQUESTS FOR REDRESS**

- 15.1 Protest forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 15.2 For each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.
- 15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and where the hearings will be held.
- 15.4 Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).
- 15.5 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.
- 15.6 A boat intending to protest or request redress based on an incident in the racing area that she is involved in or sees shall, at the first reasonable opportunity after she finishes, inform the race committee at the finishing line of her intent to protest or request redress and, when applicable, the identity of the protestee.

#### **16. ARBITRATION**

- 16.1 Appendix T will apply with the following change to RRS T2: "An arbitration meeting **may** be held prior to a protest hearing..."
- 16.2 The arbitrator may be a member of the protest committee.

#### **17. SCORING**

- 17.1 One race is required to be completed to constitute a series.
- 17.2 When fewer than 5 races have been completed, a boat's series score will be the total of her race scores. When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worse score.

#### **18. SAFETY REGULATIONS**

- 18.1 All competitors must wear adequate personal floatation at all times while afloat. Flag Y will not be displayed. This changes RRS 40 and Part 4 preamble. [DP]
- 18.2 All boats shall check in with the race committee prior to the first race of the day by sailing on starboard tack past the stern of the signal vessel and hailing her sail number until acknowledged by the race committee. This must be done before the first warning, or after a boat's own warning signal. [DP]
- 18.3 A boat that retires from a race or that leaves the race area prior to completion of racing shall notify the race committee as soon as possible. [DP]

**19. SUPPORT BOATS**

- 19.1 Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired, or the race committee signals postponement, general recall, or abandonment. [DP]
- 19.2 All support boats must comply with NOR 9 by registering online, carrying a VHF radio and monitoring channel 74 while afloat, displaying identification as provided, docking in their assigned space, and promptly assisting with rescue and course control when requested by the race committee. [DP]

**20. TRASH DISPOSAL**

Trash may be placed aboard support or official boats.

**21. RADIO COMMUNICATIONS**

- 21.1 The race committee may broadcast on and will monitor VHF channel 74. Failure of the race committee to make a broadcast, or the timing of a broadcast, will not be grounds for redress. This changes RRS 62.1.
- 21.2 Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. [DP]

**22. PRIZES**

No prizes will be awarded

**23. DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

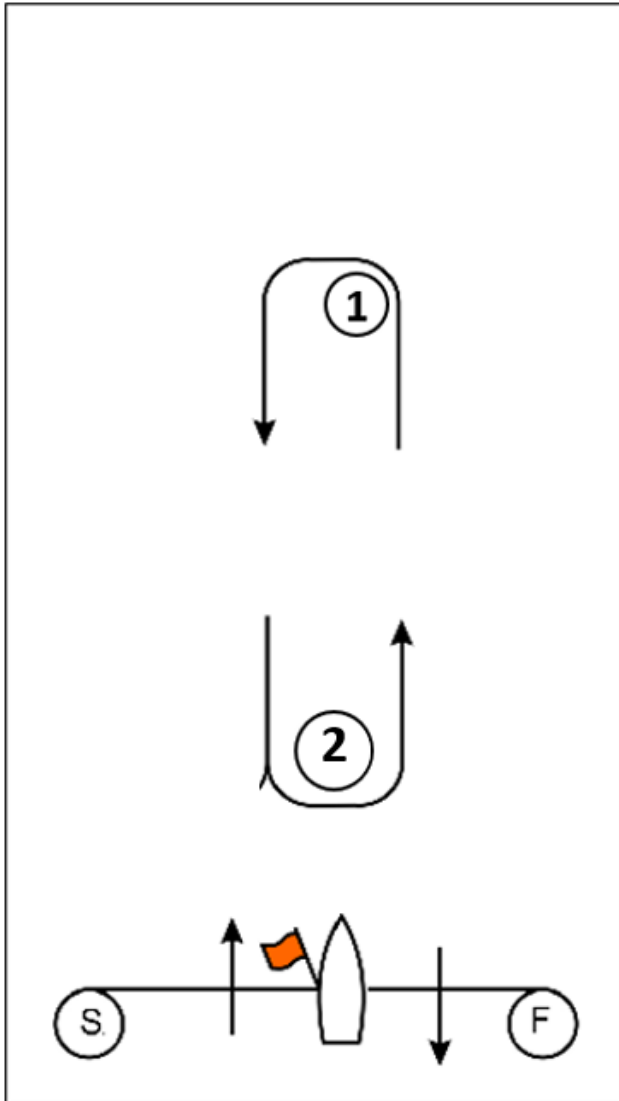
**24. INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance.

## ATTACHMENT A: COURSES AND MARKS

The diagram shows the overall course, including the approximate angles between legs and the side on which each mark is to be left.

The tables describe the marks and the courses.



Mark	Original	New
Start	Green	
Finish	Red	
1	Yellow	Red
2	Green	

Class	Course	Mark Rounding Order
2.4mR	A	Start – 1 – 2 – 1 – Finish