



**67<sup>th</sup> Annual Overnight Race  
For the Junior Distance Sailing Championship of Long Island Sound  
Tuesday, August 8, 2023**

**SAILING INSTRUCTIONS**

**1. RULES**

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing; the US Safety Equipment Regulations (USSER) Coastal and the current Rules for JSA Events, except as modified by the Notice of Race or these Sailing Instructions.
- 1.2 The Advisors/Owners are not considered crew members and shall not assist the sailors with boat handling, trimming, racing strategies or steering except when a safety issue is involved.
- 1.3 If safety is a factor, the Owner or Advisor may take the helm, issue orders, use the engine, or take appropriate action. Any such intervention should be recorded, in detail in the log. At the very least, such detail shall include the GPS coordinates and time for both the start and finish of the period in which the adult advisor intervenes under this section. Immediately upon finishing, the yacht shall inform the race committee that an owner/advisor intervention has occurred and that there will be a submission. That submission is due in writing by noon the day following the start, or 12 hours after finishing. Such action will not be grounds for automatic disqualification.
- 1.4 The Organizing Authority reserves the right to inspect the boats before or after the Race to verify compliance with the above.

**2. NOTICE TO COMPETITORS**

- 2.1 Notices to competitors will be posted on the Official Notice Board on YachtScoring [https://yachtscoring.com/notice\\_board\\_summary.cfm?eid=16183](https://yachtscoring.com/notice_board_summary.cfm?eid=16183) and may be posted on a notice board located at the dock house of the Beach Point Yacht Club (BPYC).
- 2.2 Notices to competitors that are made prior to the scheduled check-in shall be made by sending an email to one or more Senior Advisors at the address listed in the entry form.

**3 CHANGES TO SAILING INSTRUCTIONS**

- 3.1 Any change to the sailing instructions will be posted before 1400 on the day of the race.
- 3.2 Oral changes may be made on the water pursuant to RRS 90.2(c). The RC will display race signal "L", announce the change over VHF channel 69 in the 10 minutes prior to the start, and get acknowledgement from each boat.

#### **4 SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed from the flagpole at the BPYC's dock house.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.
- 4.3 When race signal "L" is displayed ashore, a notice to competitors has been posted on the official notice board.

#### **5 SCHEDULE**

- 5.1 There will be a mandatory pre-race meeting for skipper, navigators, and advisors at 1430 hours on the day of the race in or around the dining room terrace.
- 5.1 The scheduled time of the first warning signal is 1655 hours on Tuesday, August 8, 2023. The warning signal for each succeeding class is scheduled to be made 5 minutes after the starting signal of the preceding class.

#### **6 CLASSES**

- 6.1 Boats will be divided into two classes based on the number and ratings of entries.
- 6.2 Classes may be divided into divisions to minimize rating differences within a division.
- 6.3 Classes may have one or more starts.
- 6.4 Class flag will be the numerical pennant of the class/division as assigned on the scratch sheet.

#### **7 RACING AREA**

The racing area is the waters of Long Island Sound around and westerly of Stratford Shoal Light.

#### **8 THE COURSES**

- 8.1 The course to be sailed will be indicated by the display of a numbered course card on the signal boat prior to the warning signal for the Class, and may be announced via VHF Channel 69. The course card will correspond to one of the following courses:

**Course I** (57 miles)

Start to Stratford Shoal Light (leave to starboard) to finish.

**Course II** (61.1 miles)

Start to Green Gong "21" (leave to port) to Red Bell "18" (leave to starboard) to Stratford Shoal Light (leave to starboard) to finish.

**Course III** (61.4 miles)

Start to Green Gong "23" (leave to port) to Stratford Shoal Light (leave to starboard) to finish.

**Course IV** (63.9 miles):

Start to Red Bell "32" (leave to starboard) to Green Gong "15" (leave to port) to Red Bell "18" (leave to starboard) to Stratford Shoal light (leave to starboard) to finish.

**Course V** (65.1 miles)

Start to Green Gong "23" (leave to port) to Red Bell "18" (leave to starboard) to Stratford Shoal Light (leave to starboard) to finish.

**Course VI** (70 miles):

Start to green gong "23" (leave to port) to red bell "18" (leave at starboard) to Stratford Shoal Light (leave to starboard) to red & white whistle Mo(A) "PJ" (leave to starboard) to red bell "26" (leave to port) to finish.

**Course VII** (71.5 miles)

Start to Green Gong "21" (leave to port) to Red Bell "32" (leave to starboard) to Green Gong "15" (leave to port) to Red Bell "18" (leave to starboard) to Stratford Shoal Light (leave to starboard) to Red & White Whistle Mo(A) "PJ" (leave to starboard) to Red Bell "24" (leave to port) to Green Gong "15" (leave to starboard) to finish.

**Course VIII** (75.5 miles)

Start to Green Gong "23" (leave to port) to Green Gong "21" (leave to port) to Red Bell "32" (leave to starboard) to Green Gong "15" (leave to port) to Red Bell "18" (leave to starboard) to Stratford Shoal Light (leave to starboard) to Red & White Whistle Mo(A) "PJ" (leave to starboard) to Red Bell "24" (leave to port) to Green Gong "15" (leave to starboard) to finish.

8.2 All government marks that are not marks of the course are to be left to their seaward side, with the exception of the following marks, which may be passed on either hand: Red Bell "32A", Red Bell "28C", Green Gong "11B", Green Can "3" north of Stratford Shoal Light, Green can "1" east of Stratford Shoal light, and Red Bell "2" south of Stratford Shoal Light.

8.3 Courses will not be shortened. This changes RRS 32.

## **9 CHECK IN**

Prior to the first warning signal, each boat shall check in with the Race Committee by sailing astern of the signal boat with its mainsail reefed and hailing on VHF Channel 69 the name of the boat and its sail number.

## **10 THE START**

10.1 The starting line will be between a staff displaying an orange flag on the signal boat and the course side of Red Bell "42".

10.2 No boat shall start later than 30 minutes after her starting signal.

## **11 RECALLS**

11.1 In the event of individual recalls, the race committee will endeavor to hail the sail numbers of the OCS boats by loud hailer or over VHF Channel 69. Failure to hear such hail or the timing and order of such hail shall not be grounds for redress.

11.2 A boat which makes a premature start and fails to return and start properly will be penalized by the addition of 30 minutes to her elapsed time.

## **12 TIME LIMIT**

There is no time limit.

### 13 THE FINISH

- 13.1 The finish will be between a staff displaying an orange flag on the signal boat and Red Bell "42".
- 13.2 If the RC boat is not on station, a boat finishing shall record her time when, leaving Red Bell "42" to starboard at the shortest practicable length, Red Bell 42 bears 0 degrees magnetic; and shall report that time as soon as possible to BPYC on VHF Channel 69 or by telephone at: 917-620-1164.
- 13.3 Boats shall notify the RC on VHF Channel 69 when they are not less than one mile from the finish.

### 14 PENALTIES

On the day of the race and until all boats finish and clear the finishing area, any boats whose crew engage in activity which, in the opinion of the RC, is considered dangerous or harmful to another boat or its crew, are subject to disqualification without a hearing. This changes RRS 61.1(b).

### 15 PROTESTS

- 15.1 A boat intending to protest shall inform the RC when finishing or withdrawing. This adds to rule 61.1(a).
- 15.2 Protests shall be written on standard forms available at the registration desk and online at: [www.ussailing.org/racemgt/documents/ussapf.pdf](http://www.ussailing.org/racemgt/documents/ussapf.pdf) and delivered to the Beach Point Club main office by 1000 hours on the day following the start of the race, or within one hour after the time of the last boat's finish, whichever is later.
- 15.3 Protests will be heard in the Yacht Club room in the main clubhouse. Hearing schedule (day and time) will be posted on the Official Notice Board.

### 16 COMMUNICATION

- 16.1 While racing, boats shall neither make nor receive radio or cell phone transmissions not available to all boats with the following exceptions: in emergencies, in response to contact initialized by the RC, or in contacting the RC when retiring or when finishing (see 13.3)
- 16.2 During the race, contestants may not receive weather, current or navigational information except by broadcast or online from a publicized source available, without charge, to all competitors. Fee-based, regatta-specific weather forecasting services are not permitted.
- 16.3 The RC will monitor VHF Channel 69 from 1500 hours on the day of the race until the finish of the last boat.
- 16.4 In the event of an emergency, the RC will be available at: (914) 441-9470.
- 16.5 The US Coast Guard monitors VHF Channel 16 and can be reached by phone at: 203-468-4401 if in waters off Coastal Connecticut or North Shore of Long Island or 718-354-4120, if west of Port Chester, NY.

### 17 LOGBOOKS AND CERTIFICATE OF COMPLIANCE

- 17.1 Each participant shall maintain a log in the form provided by the RC. The completed log books, together with the Certificate of Compliance, *must* be returned to the RC by delivery to the main office at Beach Point Club within 36 hours of each boat's finish. Documents may be mailed, hand-delivered to the main office or emailed to: [jrovernight@beachpointclub.org](mailto:jrovernight@beachpointclub.org).
- 17.2 Participant's finish shall be recorded as preliminary pending receipt of the logbook and certificate of compliance.

## **18 PRIZES**

- 18.1 The Junior Distance Sailing Championship Trophy, presented by BPYC, and the Everett B. Morris Memorial Trophy, donated by Emil Mosbacher, Jr., will be awarded to the club whose boat has the best-corrected time in the fleet.
- 18.2 First prizes will be awarded to the clubs whose boats have the best corrected time in each class; second prizes will be awarded in each class in which four or more boats start; third prizes will be awarded in each class in which seven or more boats start; fourth prizes will be awarded in each class in which ten or more boats start.

## **19 RESPONSIBILITY FOR SAFETY**

As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the Beach Point Yacht Club, the owner, helmsperson and each crewmember agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she, or any guardian or heir, representative, successor or assignee, may have against the Beach Point Yacht Club, Storm Trysail Club and the JSA of LIS and each of their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea and weather conditions rests with each competitor, as does the responsibility for the safe condition and operation of their boat including safety equipment and rigging and for wearing a life jacket. Assistance from the Race Committee, patrol boats, or other support boats and from personnel aboard them is at the risk of the participant. Storm Trysail Club, Beach Point Club and Beach Point Yacht Club bear no responsibility for accidents, damage or injuries to yachts or their personnel arising from any cause during the race.

### **RACE COMMITTEE**

Andrew Berdon & Ty Anderson

### **PRINCIPAL RACE OFFICER**

Andrew Berdon (914) 441-9470

### **PROTEST COMMITTEE**

Com Crocker (917) 714-2796

### **DIRECTOR OF MARINE FACILITIES**

Alex Fridman (914) 698-1600, ext.137, VHF channel 69