



Riverside Yacht Club

93th Annual

STRATFORD SHOAL RACE

Saturday, June 29, 2024

SAILING INSTRUCTIONS

1 RULES

1.1 This race will be governed by The Racing Rules of Sailing (RRS), the prescriptions of US Sailing (USS); the current PHRF regulations as administered by the Yacht Racing Association of Long Island Sound (YRALIS); US Sailing Safety Equipment Requirements; the rules of any class racing as a level or one design Division; (except as any of these altered by the Notice of Race or these Sailing Instructions); the Notice of Race; and these Sailing Instructions.

1.2 In accordance with RRS 86, from sunset to sunrise the following shall be in effect (modifying RRS 11 and 17): **When two boats are on the same tack and overlapped and within three overall lengths (of the longer boat) of each other, the boat being overtaken shall maintain her proper course. Both boats shall keep clear, and neither boat shall bear away toward or luff the other.**

1.3 For boats sailing in a double-handed division, wind vane steering and autopilots may be used without penalty. This changes RRS 52.

2 ENTRIES and DIVISIONS

2.1 Eligible boats may be entered by completing the registration procedures described in the Notice of Race. Boats must be enrolled in the YRALIS or other USS association. The Race Committee reserves the right to reject any entry.

2.2 Boats will be placed in separate racing Divisions, Division 1, 2, 3, etc., at the discretion of the Race Committee. A Scratch Sheet showing Division numbers, course assignments, and individual ratings will be available on the [event's Yacht Scoring page](#) by late Friday evening, June 28, 2024.

2.3 Boats shall race in their assigned Division as specified on the Scratch Sheet. Division Flags for starting purposes shall be the numeral pennant corresponding to its Division number. Each boat shall conspicuously display from its backstay the numeral pennant corresponding to its Division number; in the case of unstayed masts from the stern pulpit.

3 NOTICES

Notices, including notices which may amend these Sailing Instructions and the Scratch Sheet, shall be posted on the [event's Yacht Scoring page](#). Notices and any amendments may also be broadcast on VHF Channel 72.

4 STARTING TIME

The first warning signal will be at 1055 hours. The Starting Time may be changed to later in the day with Notice given as stated above.

5 CHECK-IN

Prior to the first warning signal each boat is requested to pass by the Race Committee Signal Boat within hailing distance, check in and receive acknowledgement.

6 STARTING LINE

The starting line will be between the staff displaying an orange flag on the Race Committee Signal Boat and Red Nun “2” off Flat Neck Point.

7 COURSES

7.1 COURSE X. STRATFORD SHOAL LIGHT COURSE: Stratford Shoal Light (to port), Red Nun “2” Flat Neck Point (to starboard), then to the finish. The distance for the Stratford Shoal Light Course is 45.7 nautical miles.

At the discretion of the Race Committee, a different course may be signaled by displaying CODE FLAG C prior to the warning signal for the start of any Stratford Shoal division. The new course will be signaled with a letter displayed on the course board: Y – designating Course Y described in 7.2 below, or Z – designating Course Z described in 7.3 below.

7.2 COURSE Y. CABLE & ANCHOR MATINICOCK COURSE: Cable & Anchor Bell “28C” Fl Red 4 sec. (to starboard), Bell “21” Fl Green 4 sec. off Matinicock Point (to starboard), Bell “32A” Fl Red 2.5 sec. Mid-Sound (to port), Red Nun “2” Flat Neck Point (to starboard); then to the finish. The distance for the Cable & Anchor Course is 28.1 nautical miles.

At the discretion of the Race Committee, a short course may be signaled by displaying CODE FLAG C prior to the warning signal for the start of any Cable & Anchor Matinicock division. The short course will be the C & A Short Course (Course Z).

7.3 COURSE Z. C & A SHORT COURSE Cable & Anchor Bell “28C” Fl Red 4 sec (to starboard); Bell “32A” Fl Red 2.5 sec(to starboard), Red Nun “2” Flat Neck Point (to starboard); then to finish. The distance for the Cable & Anchor Course is 17.3 nautical miles.

8 THE START

Starting Signals will be in accordance with RRS 26.

Time	Visual Signal	Sound Signal	Meaning
1055	Numeral Pennant 1	Horn	WARNING SIGNAL – DIVISION 1
1056	Flag “P”	Horn	PREPARATORY
1059	Flag “P” removed	Horn	ONE MINUTE
1100	Numeral Pennant 1 removed	Horn	START DIVISION 1

The warning signal for each succeeding Division shall be made WITH or AFTER the starting signal of the preceding Division. If the warning signal for a succeeding Division is made AFTER the starting signal of the preceding Division, the Signal Boat may make a series of short sound signals (horn) one minute before beginning the starting sequence.

Boats whose warning signal has not been made shall keep clear of the starting area and of all boats whose warning signal has been made.

9 LIMIT MARK

A limit mark may be placed astern of the Signal Boat. In this case, the mark shall be a mark of the course and be treated as though it is part of the Signal Boat. Touching it or passing between it and the Signal Boat shall incur the same penalty as though the infringing boat had touched any other mark of the course while racing.

10 INDIVIDUAL RECALL

The Race Committee will attempt to call any OCS boat(s) on VHF Channel 72. Failure to hear a radio call does not relieve a boat of responsibility to start correctly, and shall not be grounds for redress. A boat crossing the starting line five minutes or less before her starting signal and not restarting, will have 30 minutes added to her elapsed time. This modifies RRS "A". A boat crossing the starting line more than five minutes before her starting signal and not restarting shall be scored "Did Not Start."

11 WITHDRAWAL, PROTESTS & SCORING PENALTY CALLS

Any boat withdrawing, protesting, or completing a scoring penalty before the start or during the race for any reason shall notify the Race Committee by emailing racecommittee@riversideyc.org and receive an acknowledgement by 1200 Sunday, June 30th.

12 FINISH LINE

The finish line will be between a staff displaying a flag on a Race Committee Boat and Newfoundland Reef lighted Buoy "4" inside Captain Harbor (R 4 FL R 4s - position approximately 41 degrees 0.331 N 73 degrees 36.023 W). The Race Committee Boat will lie west of the lighted red buoy at a bearing of 250 degrees from the buoy. The lighted red buoy is to be left to starboard and the Race Committee Boat to port. At night the Race Committee Boat will be distinguished by a 360° white masthead light.

Boats are requested to hail the Race Committee Boat on VHF Channel 72 as they pass Green Gong "1" (entering Captain Harbor) providing their sail number and boat name. Boats are also requested to shine bright lights on the sail numbers on the mainsail beginning approximately one minute before crossing the finish line until the yacht's finish has been acknowledged by the Race Committee. After finishing, yachts will come within hail of the Committee Boat and confirm their finish.

In the event the Race Committee Boat is not on station, a finishing boat shall take her own time. This time should be taken when the finishing boat is within 20 yards of Newfoundland Reef lighted Buoy "4" and that buoy bears 070 degrees from the boat. This time should be reported to RYC using racecommittee@riversideyc.org prior to 1200 Sunday, June 30th.

13 TIME LIMIT

The time limit for boats to finish in each Division is fourteen (14) hours after the start signal for her Division. Any boat failing to finish within the time limit shall be recorded as Time Limit Expired ("TLE"), and shall be scored two more places than the last boat to finish in her Division, except she will not be scored worse than DNF. This modifies RRS 35 and RRS Appendix A.

14 PROTESTS

14.1 RRS 61.1 is modified to require that protesting boats inform the Race Committee at the finish of their intent to protest, including the sail number of the protested boat. If the Race Committee Vessel is not on station at the finish, this information should be reported to RYC along with the finish time using racecommittee@riversideyc.org. A boat that thinks she has been protested may contact RYC by 1700 hours on Sunday, June 30th to confirm the protest.

14.2 Protests shall be written using the [US Sailing Hearing Request Form](#), photographed and emailed to racecommittee@riversideyc.org no later than 1700 hours on Sunday, June 30th.

14.3 Protests will be heard at Riverside Yacht Club or via Zoom as scheduled by the Protest Committee after having consulted the parties.

15 PENALTIES

From sunset to sunrise, the Scoring Penalty, RRS 44.3, will apply (20%). RRS 44.3 is modified to require that the yellow flag be conspicuously displayed from the backstay (in the case of unstayed masts, from the stern pulpit). Code Flag "I" may be substituted.

16 SCORING

Low Point Scoring System, RRS A4 will apply. PHRF divisions will be scored using PHRF Handicaps (as assigned by YRALIS) and the course distances as determined by the Race Committee.

17 RADIO USE

VHF Channel 72 will be used by the Race Committee for communications with the Fleet.

18 RESPONSIBILITIES OF COMPETITORS

In consideration of the sponsorship of this event and the acceptance of the participant's entry by the Riverside Yacht Club (the "Sponsor"), each participant hereby agrees that the safety of his/her yacht and crew, and the decision whether to start or continue to race, is his/her responsibility and not the responsibility of the Sponsor. Each participant hereby waives all claims, including, without limitation, any claim in respect of assistance given or not given, and any claim for any injury or damage resulting from such participation, which he/she may have against the Sponsor and its governors, officers, members, committees, employees, agents or volunteers arising out of or in any way connected with his/her participation in this event or any related activity undertaken or not taken by any of them in conjunction with, prior to, during or after this event. Each participant represents to the Sponsor that he/she carries adequate property and liability insurance, that he/she will inform his/her insurance carrier of the foregoing waiver, and that he/she will inform all crew members of their responsibilities for safety. Each participant further agrees that the foregoing waiver is binding on his/her heirs, representatives, successors and assigns.