



PEQUOT YACHT CLUB

PEQUOT YACHT CLUB'S FALKNER ISLAND RACE

FRIDAY, SEPTEMBER 6, 2024

PEQUOT YACHT CLUB IS THE ORGANIZING AUTHORITY

SAILING INSTRUCTIONS

1. RULES

- 1.1. Racing will be governed by the rules as defined in The Racing Rules of Sailing ("RRS") except as may be modified herein, the prescriptions of US Sailing, the PHRF regulations of the Boat Racing Association of Long Island Sound (YRA-LIS), and these Sailing Instructions.
- 1.2. Boats shall comply with the Minimum Equipment and Safety Recommendations of the YRA-LIS for Category B races. A copy of these regulations is available on the YRA-LIS web site at www.yralis.org.
- 1.3. RRS 40 is replaced by: "It shall be the individual responsibility of each competitor to wear adequate personal flotation devices when they or their skipper determines that conditions warrant. US Sailing prescribes that every boat shall carry life-saving equipment conforming to government regulations that apply in the racing area."
- 1.4. Between the hours of sunset and sunrise, the rules of the Racing Rules of Sailing Part 2 are replaced with the International Regulations for Preventing Collisions at Sea (IRPCAS).

2. NOTICES TO COMPETITORS

Notices to competitors including the Notice of Race, Sailing Instructions, and division assignments, will be distributed to skippers via Yacht Scoring.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be a) posted to Yacht Scoring or b) broadcast on VHF channel 69 @ 1750, except that any change to the schedule will be posted by 2000 on the day before it takes effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the Race Committee boat while docked.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP. The warning signal may be made earlier if all boats entered to race have checked in.

5. THE SCHEDULE BEFORE THE START

- 5.1 Division assignments will be posted to Yacht Scoring by September 5.
- 5.2 The Race Committee will make pre-race announcements, e.g. a weather delay, to all competitors @ 1700 via email to skippers and on channel 69.

- 5.3 All competitors rendezvous in the waters off Southport Harbor near Pequot Yacht Club's "A" Mark (41° 06.8815 N 73° 17.445 W).
- 5.4 Competitors check-in with the Race Committee by passing by the Race Committee boat AND hailing the Race Committee on channel 69 by 1745 at the latest.
- 5.5 The Warning Signal for Division 1 will be @ 1755. Race start: 1800. (See paragraph 10, Start Sequence).
- 5.6 The Warning Signal for Division 2 will be @ 1805. Race start: 1810. (See paragraph 10, Start Sequence)
- 5.7 At the discretion of the Race Committee, Divisions 1 and 2 will start together when both Division shapes are raised at the warning signal.
- 5.8 The division whose warning signal has not been raised shall avoid the starting area.

6. DIVISION SHAPES

Division signals will be as follows:

Division 1: Red Shape

Division 2: White Shape

7. RACING AREA

The racing area includes the waters of Long Island Sound from the area south of Southport Harbor to the area around Falkner Island.

8. THE COURSE

- 8.1. The start will be between the staff of a yellow flag on the Race Committee boat and the "A" Mark (see Section 5) or a pin specified by the Race Committee and announced on Channel 69 ten (10) minutes before the warning signal (see Section 10, Start Sequence).
- 8.2. From the start,
 - 8.2.1. Leave R "22" to port then,
 - 8.2.2. Leave G "15" FL G 4s (north of Falkner Island) to starboard then,
 - 8.2.3. Leave Falkner Island to starboard then,
 - 8.2.4. Leave R "10GI" Fl R 4s (Bell to the south of Goose Island) to starboard and then,
 - 8.2.5. Finish at R "22" Fl R 4s Bell (located south of Pine Creek Point in Fairfield).
- 8.3. There will be no Race Committee boat on station at the finish. Boats shall take their own GPS-based finish time upon crossing the Finish Line and report their finish time to racecommittee@pequotyc.com.
 - 8.3.1. Take your own GPS time when you are within 100 Feet of R "22" and R "22" bears 000 degrees (North).
 - 8.3.2. The Race Committee will distribute elapsed and corrected times for all boats via Yacht Scoring which registered for the race.
 - 8.3.3. Time limit: Boats must finish the race and report their finish time to racecommittee@pequotyc.com as soon as possible and by no later than 1500 on Saturday, September 7, 2024.

9. NAVIGATIONAL HAZARDS

All competitors should be aware that obstructions exist along the course, particularly East of R “22” and on lines from G “15” to Falkner Island and from Falkner Island to R“10GI” and, depending on the state of the tide, currents, wind and sea, boats might need to stay significantly East of such lines as well as Falkner Island in order to avoid the risk of running aground.

10. START SEQUENCE

10.1. Races will be started by using rule 26 with the warning signal made 5 minutes before the starting signal. A series of short sounds will signal that the warning is about to occur. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.

10.2. The starting sequence is as follows:

Signal	Shape / Flag and Sound	Minutes before starting signal
Warning	Division shape(s) raised + 1 sound	5 minutes before start
Preparatory	Blue Shape raised + 1 sound	4 minutes before start
One Minute	Preparatory (blue) shape lowered; 1 long sound	1 minute before shape
Start	Division shape lowered; 1 sound	0 minutes – Go!

10.3. The Race Committee may attempt to notify boats identified as OCS by announcing their sail number or boat name on VHF Channel 69. Failure to hear or receive such transmission, or the order of sail numbers or boat names announced, shall not be grounds for redress. This changes rule 62. The failure to notify such a boat via VHF does not relieve her of her responsibility for making a proper start.

11. PENALTY SYSTEM

11.1. A boat protesting another boat or requesting redress shall comply with the requirements of RRS Part 5. In addition, such boat shall notify the Race Committee at the earliest time possible after finishing or withdrawing from the race. This modifies RRS 61.1.

11.2. A boat which breaks a rule of RRS Part 2 and which fails to take a penalty under RRS 44.1, may elect to take a scoring penalty under RRS 44.3(c) by notifying the Race Committee at any time prior to the start of a protest hearing. This modifies RRS 44.3(a) and (b). The scoring penalty shall be 30 minutes added to such boat’s corrected elapsed time.

11.3. Notwithstanding the foregoing, if a boat that breaks a rule of RRS Part 2 and caused injury or serious damage or gained a significant advantage in the race by her breach, her penalty shall be to retire.

12. PROTESTS AND REQUESTS FOR REDRESS

12.1. Contact the Race Committee for a Protest Form. Protests and requests for redress or reopening shall be delivered to Pequot Yacht Club’s Manager’s office within the time limit, which ends two hours after the last boat finishes.

- 12.2. Notices will be posted as soon as practical after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at Pequot Yacht Club as soon as practical after a protest is filed.
- 12.3. Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under rule 61.1(b).

13. ARBITRATION

- 13.1. Appendix T of the RRS applies.
- 13.2. The arbitrator will be designated by the Pequot Yacht Club Protest Committee in its sole discretion.

14. SCORING

- 14.1. YRA-LIS PHRF Distance ratings will be used.
- 14.2. Boats will be awarded finish positions based on their corrected elapsed time. To calculate corrected times, the PHRF Time on Time method will be used.

15. RADIO COMMUNICATION

- 15.1. The Race Committee may use VHF channel 69 to broadcast courtesy information to all competitors.
- 15.2. A boat that retires from a race shall notify a) the fleet using VHF channel 69 and b) Pequot Yacht Club's Race Committee @ racecommittee@pequotyc.com.

16. PRIZES

- 16.1. The Starring Trophy will be awarded to the Pequot Yacht Club boat with the lowest corrected time at the Pequot Yacht Club Annual Awards Dinner.
- 16.2. Competitors in each Division will receive prizes as follows at the awards diner after the race on Saturday September 7: First place will be awarded if three boats start in the Division. First and second places will be awarded if four boats start in the Division. If more than four boats start in the Division, first, second and third places will be awarded.

17. SAFETY REGULATIONS

RRS 40 is replaced by: "It shall be the individual responsibility of each competitor to wear personal flotation devices when they or their skipper determines that conditions warrant the same. US Sailing prescribes that every boat shall carry lifesaving and safety equipment conforming to government regulations that apply in the racing area."

18. SAILOR'S RESPONSIBILITY

By participation in racing, a sailor acknowledges that he or she is solely responsible for his or her own safety and that of the crew and boat; that he or she represents that the boat and its equipment are in sound condition and all required safety equipment is aboard, accessible for use and in operable condition; that the

decision to race, not to race, or to withdraw after starting is solely his or hers; and he or she hereby releases the organizing authority, its officers, trustees, employees and all members of the Race Committee, whether or not members of the organizing authority, from any and all liability or claims for personal injury or property damage or death resulting from participation in this event to the fullest extent permitted by law.

19. ASSISTING BOATS IN DISTRESS

In the event a boat assists another vessel or crew in distress, and the assisting boat wishes to continue in the Race, the boat may do so provided that, in rendering assistance, with or without the use of the engine, the boat shall return promptly to the position on the course at which the Race was interrupted and resume the Race from that point. The boat shall, promptly upon finishing, report to the Race Committee all details of the assistance rendered and supply extracts from her log showing her position at time of rendering assistance, names of other competing boats in the vicinity, time spent in giving such assistance, and any other details regarding assistance rendered which might affect the boat's standing in the Race. Upon receiving and verifying the foregoing information, the Race Committee, with or without a hearing, may at its discretion record such boat as an official finisher and subtract such time from the boat's elapsed time as may be deemed fair under the circumstances. This modifies RRS 63.1.

20. FURTHER INFORMATION: For further information please email racecommittee@pequotyc.com or call Pequot Yacht Club at (203) 255-5740 and ask for the Chairman of the Race Committee.

Falkner Island Race – Race Committee

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