



Friday Night Sunset Series

May 29 to Aug 7, 2009

SAILING INSTRUCTIONS

1 RULES

The regatta will be governed by the rules as defined in the *Racing Rules of Sailing* (RRS), including the US Sailing prescriptions, the current PHRF regulations as administered by the YRA of Long Island Sound (YRALIS) and the Minimum Equipment Recommendations of the YRALIS (Category C) except as any of these are changed by the Notice of Regatta or the Sailing Instructions.

2 ELIGIBILITY

The regatta is open to boats captained by members of American Yacht Club who have entered as provided in the Notice of Regatta. Boats shall comply with the Minimum Equipment Recommendations of YRALIS Category C (LIS Day Races).

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the Race Committee notice board located in the front entrance foyer of the main club house. Any change to the Sailing Instructions will be posted before 1800 on the day it will take effect.

4 SIGNALS MADE ASHORE

Signals made ashore will be displayed from a flag halyard on a Race Committee signal boat at the Main Dock at American Yacht Club. If a postponement is signaled ashore, the warning signal will be made not less than 30 minutes after AP is lowered.

5 SCHEDULE

One race is scheduled for each Friday from May 29th to August 7th except July 3rd. The warning signal will be at 1900.

6 CLASS FLAG

Boats will be assigned into two divisions based on PHRF rating. Boats with a PHRF rating of 100 or higher will start in Division 1. Boats with PHRF rating of 99 or lower will start in Division 2. The class flag for Division 1 will be numeral pennant 1 and the class flag for Division 2 will be numeral pennant 2.

7 RACING AREA

The racing area will be in the vicinity of Bell 42. It is expected that the starting area will be located within one mile of Bell 42.

8 COURSE AND MARKS

The marks will be those that are listed on Annex A to these Sailing Instructions. The course will be designated by displaying on a course board on the Race Committee signal boat the letters assigned to the marks to be rounded. Marks shall be rounded in the order displayed on

the course board reading from top to bottom. The numeral 2 following the letters on the course board means that the course displayed shall be sailed twice around.

9 STARTING AND FINISHING LINES; STARTING SYSTEM

The starting and finishing lines will be between a Race Committee buoy with an orange flag on its staff and a staff with an orange flag on the Race Committee signal boat. Races will be started in accordance with RRS 26 with the following modification: One minute before the warning, the Race Committee signal boat will make a series of short horn sounds to call attention. After the starting signal, the Race Committee will attempt to notify recalled boats by broadcasting their sail numbers on VHF Channel 71. Failure of a boat to see or hear her recall notification, and the timing and order of any hail, shall not be cause for redress.

10 TIME LIMIT

The time limit for the first boat to finish each race will be 2100. Boats finishing more than 45 minutes after the first boat that sails the course and finishes will be scored TLE. This changes RRS 35 and A4.

11 PROTESTS

Protests shall be delivered to the front desk at American Yacht Club within one hour after the race committee finish boat docks. The protest time limit and a list of protests received will be posted on the notice board. Hearings will be held at American Yacht Club at a time and date scheduled by the American Yacht Club Protest Committee, which shall be prior to the awarding of trophies for the series.

12 SCORING AND TROPHIES

To be eligible for Sunset Series prizes, a boat must start in at least 50% of the races that are completed. The Cox-Sprague Scoring System as published by YRALIS will apply. One race constitutes a series. Boats will be scored using the PHRF handicaps provided by YRALIS, provided that boats that did not have a YRALIS PHRF handicap at the deadline for receipt of entries for the series will be scored using a PHRF handicap assigned by an independent measurer designated by the American Yacht Club Sailing Committee.

If a boat finishes 80% of the races that are completed, her series score will be the total of her race scores excluding her worst score. If a boat finishes 100% of the races that are completed, her series score will be the total of her race scores excluding her two worst scores. Trophies will be awarded at the American Yacht Club annual awards dinner to the boats with the best series score, as follows: To the three boats with the best series score if 10 or more boats qualify by starting in at least 50% of the races that are completed; to the two boats with the best series score if more than five but fewer than 10 boats qualify; and to the boat with the highest series score if five or fewer boats qualify. The Scotch Caps Trophy will be awarded to the boat with the best series score if at least five boats qualify. The American Yacht Club Sailing Committee may award daily prizes based upon PHRF handicaps that are adjusted to impose upon boats that finish first, second or third in any race a rating penalty for subsequent races. Adjusted handicaps will not be used in awarding series prizes.

13 WITHDRAWAL OR RETIREMENT

A boat that withdraws before the start or retires from a race for any reason shall notify the Race Committee at the earliest opportunity on VHF channel 71.

14 NAVIGATION RULES

All boats are cautioned to observe the Navigation Rules of the Road and to yield right of way

to vessels restricted in their ability to maneuver, especially tugs and barges. Any boat observed to impede such traffic may be protested by the Race Committee, but not by a competitor.

15 RESPONSIBILITY FOR SAFETY

As a condition of the participation of any boat in any race or related activity sponsored or undertaken by American Yacht Club, the owner, helmsman and each crew member agree that the safety of the boat and her crew and the decision whether or not to start or continue to race is solely their responsibility, and each of them waives all claims that he or she, or any heir, representative, successor or assignee, may have against American Yacht Club and its officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity.

The Race Committee will post results on the Race Committee Bulletin Board and on the American Yacht Club web site at www.AmericanYC.com.

Annex A—Marks for the 2009 Sunset Series Letter Description

- A Green can "1" off Weeks Point
- B Red bell "6" off Mott Point (Hempstead Harbor)
- C Red nun "4" off Prospect Point
- D Red nun "2" off Prospect Point
- E Green gong "23" off Prospect Point
- F Green can "1" Northeast of Execution Rocks
- G Red bell "2" south of Hen & Chickens
- H Green bell "1" Northeast of Hen & Chickens
- I Green can "1" off Delancey Point
- J Red bell "42" off Scotch Caps
- K Red nun "40A" off Scotch Caps
- M Red bell "38" off Playland
- N Red bell "36" off Bluefish Shoal
- O Green gong "21" off Matinecock Point

W Inflatable buoy to windward of the Race Committee signal boat at the start*

L Inflatable buoy to leeward of the Race Committee Signal boat at the start*

R. Inflatable buoy perpendicular(90 Degrees) from Windward mark**

*The Race Committee signal boat will display on the course board the approximate magnetic bearing and the approximate distance in nautical miles from the Race Committee signal boat to marks L and W, if used. If both marks L and W are used, the bearing and distance to mark W will be displayed in a column that first follows the course letters. The bearing and distance to mark L will be displayed in a second column.

**The approximate bearing of (R) will be a reach of no more than one mile bearing as close to 90 degrees from the wind as possible. No magnetic course heading will be displayed.

Sample course board:

W	1	3
L	7	5
	0	0
2		1

Sample course board:

A	0
O	0
L	5
	1