



Fall Frostbite Series 2011
Belmont Harbor, Chicago, IL USA
October 9, 2011 – November 20, 2011

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Class rules requiring competitors to be members of the class association will not apply.
- 1.3 The Club 420 fleet shall sail with jib and main only. This changes Club 420 class rule 1.2.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at Chicago YC Belmont Station across the hall from Race Committee office.

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the official notice board or announced by loudhailer on the water prior to the warning signal of each race. A competitor's failure to hear instructions announced by loudhailer shall not be grounds for protest or redress.

4 BOATS

- 4.1 Boats will be provided for competitors in the 420 class, who shall not modify them or cause them to be modified in any way except that
 - (a) wind indicators, including yarn or thread, may be tied or taped anywhere on the boat;
 - (b) hulls, centreboards and rudders may be cleaned, but only with water;
 - (c) adhesive tape may be used anywhere above the water line; and
 - (d) all fittings or equipment designed to be adjusted may be adjusted, provided the class rules are complied with.
- 4.2 All equipment provided with the boat for sailing purposes shall be in the boat while afloat.
- 4.3 The penalty for not complying with instructions 4.1 or 4.2 shall be disqualification from all races sailed in which the instruction was broken.
- 4.4 Competitors shall report any damage or loss of equipment, however slight, to the organizing authority's representative immediately after securing the boat ashore. The penalty for not complying with this instruction, unless the Frostbite Series Chairman is satisfied that the competitor made a determined effort to comply, will be disqualification from the race most recently sailed.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at the Chicago YC Belmont Station flagstaff.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

6 SCHEDULE OF RACES

6.1 Racing will be held as shown in the following table:

Date	Morning Session		Afternoon Session
	Laser	Vanguard 15	Club 420
10/09/2011	✓	✓	✓
10/16/2011	✓	✓	✓
10/23/2011	✓	✓	✓
10/30/2011	✓	✓	✓
11/06/2011	✓	✓	✓
11/13/2011	✓	✓	
11/20/2011	✓	✓	

6.2 Five races are scheduled for each fleet each racing day.

6.3 The scheduled time of the warning signal for the first morning session (Laser, Vanguard 15) race each day is 10:00 AM CT and the scheduled time of the warning signal for the first afternoon session (Club 420) race each day is 1:00 PM CT

6.4 The warning signal for the last morning session (Laser, Vanguard 15) race of each racing day shall be no later than 12:00 PM CT and the warning signal for the last afternoon session (Club 420) race of each racing day shall be no later than 3:00 PM CT

7 CLASS FLAGS

7.1 The Lasers fleet's warning signal shall be a flag bearing its class insignia.

7.2 The V15 fleet's warning signal shall be a flag bearing its class insignia

7.3 The 420 fleet's warning signal shall be a flag bearing its class insignia.

8 RACING AREA

8.1 The series will be held at Belmont Harbor in Chicago, IL.

8.2 The racing area shall be in the open waters of Lake Michigan approximately one-half mile east of Belmont Harbor or, at the discretion of the Race Committee, in the waters of Belmont Harbor.

9 THE COURSES

9.1 The diagrams in Illustration A show the courses, the order in which the marks are to be passed, and the side on which each mark is to be left. The approximate compass bearing and distance to the first mark from the starting line may be displayed prior to the Warning Signal.

For the windward/leeward course, code flag W may be used. The course will be posted on a sign board as follows: W represents a windward leg, L represents a leeward leg. W and L will be repeated to indicate the legs of the course.

9.2 For the modified Olympic course, code flag O may be used. The course will be displayed on the sign board as follows: Δ represents the triangle of the course, W represents a windward leg, L represents a leeward leg.

10 MARKS

Marks, including starting and finishing marks, shall be orange or white inflatable balls or shapes. Marks of the course shall be the same color as the starting mark.

11 THE START

- 11.1** Races will be started in accordance with Appendix S. Supplemental visual signals may be used. RRS 26 will not apply.
- 11.2** Short sound signals may be made used to call attention to the beginning of a starting sequence.
- 11.3** The starting order will be announced on the water. Class starts may be rolling.
- 11.4** The starting line will be between a staff displaying an orange flag on the race committee boat at the starboard end and the course side of an orange or white port-end starting mark.
- 11.5** A boat starting later than one minute after her starting signal will scored Did Not Start without a hearing. This changes rule A5 and RRS 63.1.

12 RECALLS

- 12.1** Flag X, if displayed, will be lowered one minute after the starting signal. This changes rule 29.1.
- 12.2** The warning signal for a class that has been recalled a second time shall be one minute after the last class in the starting order. This changes rule 29.2.
- 12.3** After a general recall, rule 30.1 (the Round-an-End Rule) shall apply and no signal need be given. This changes rule 30.1.

13 THE FINISH

The finish line shall be between a staff displaying an orange flag on the race committee boat and an inflatable mark to be left to starboard.

14 PENALTY SYSTEM

Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

15 PROTESTS AND REQUESTS FOR REDRESS

Protests and requests for redress shall be written on protest forms available from the Race Committee office and filed within one half-hour of the docking of the race committee boat. The Frostbite Series Chairman shall be the ex-officio Chief Judge of the event and will empanel juries when required.

16 SCORING

- 16.1** Nine races are required to be completed to constitute a series.
- 16.2** A boat having finished two-thirds of all races sailed in her fleet shall receive a finishing position in the series. Her score for the series will be the sum of her best races sailed and the number of races which will count towards her score will equal two-thirds of all races sailed by her fleet. This changes RRS A2.

17 SAFETY REGULATIONS

- 17.1** U.S. Coast Guard approved PFDs, properly secured, shall be worn from the time a boat leaves the dock until she returns to the dock. This changes RRS 40.
- 17.2** All boats shall have an attached bow line conforming to its class rules. If a class does not have such a rule, the line must be at least 15 feet in length, 1/4 inch in diameter, and properly attached at all times.
- 17.3** All boats shall have daggerboards tethered to boat.
- 17.4** Competitors shall not leave the dock and no race shall start until the safety boats are on the water.
- 17.5** All boats shall return to their respective docks after finishing the last race of the day.

- 17.6 When races are sailed in Belmont Harbor, no boat shall leave Belmont Harbor unless she is returning to her home harbor.
- 17.7 A boat withdrawing from a race shall report promptly to the Race Committee or to a safety boat.
- 17.8 Any race where three or more boats have capsized and require outside assistance shall be abandoned.
- 17.9 Safety boat crews shall be provided by the Race Committee or from among the fleets racing. If the Race Committee does not provide safety boat crews, each fleet shall provide two (2) safety boat crewmembers each day of the series it is scheduled to race. The crewmember operating the safety boat shall have received clearance from Chicago Yacht Club to operate the boat.
 In the event that there is an insufficient number of safety boat crew members, the Frostbite Series Chairman or Race Committee officer may select competitors to perform that duty. Competitors who perform safety boat duty will receive redress for races missed at the discretion of the Frostbite Series Chairman. This changes RRS 62, 63, 64.2, and 65.
- 17.10 Alcoholic beverages are prohibited on any boat owned by Chicago Yacht Club.
- 17.11 Failure to comply with any safety regulation may result in a minimum penalty of disqualification from all races for the day.

18 PRIZES

Prizes shall be awarded at the discretion of the Frostbite Series Chairman.

19 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See Racing Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

ILLUSTRATION A

