



**Junior Sailing Association  
of Long Island Sound, Inc.**



***46th Annual Regatta for The Dorade Trophy***

*hosted by*

***Stamford Yacht Club***

*Monday, August 12, 2013*

**SAILING INSTRUCTIONS**

08/05/12

**1. RULES**

1.1 The races shall be governed by The Racing Rules of Sailing 2013-2016, the PHRF Minimum Equipment and Safety Recommendations of the YRA of LIS: Category C, the Notice of Race, and the current Rules for JSA Events, except as any of these are modified by these Sailing Instructions.

1.2 PHRF Minimum Safety Equipment Recommendations of the YRA of LIS is changed to comply with JSA Rules for PHRF Events, rules 9.6 & 9.7

1.3 A boat withdrawing from the race must inform the Race Committee (RC) via VHF 05 as soon as possible.

**2. ENTRIES**

Open to single hulled sailboats owned by a member of a JSA of LIS member club program and not less than 27' LOA nor more than 44' LOA and having a valid current YRA of LIS PHRF Rating Certificate. For the purpose of this regatta, YRA of LIS PHRF Weight Limits is hereby waived.

**3. NOTICES TO COMPETITORS**

Notices to competitors will be posted on the event page in <http://www.yachtscoring.com/emenu.cfm?eID=928> and on the notice board on the dock house on the SYC pier. They may also be available on both the SYC website. The Race Committee may make courtesy announcements over VHF channel 05.

**4. CHANGES IN SAILING INSTRUCTIONS**

4.1 Any changes to these Sailing Instructions shall be posted on the notice board no less than thirty (30) minutes before the Harbor Start Signal on the day they take effect. They may also be available on-line and from the RC.

**5. SIGNALS MADE ASHORE**

Signals made ashore will be displayed from the RC boat while at the SYC dock.

**6. SCHEDULE OF RACES**

The first signal is scheduled for 1000 on Monday, August 12, at approximately 1.2 NM northeasterly of Red Bell "32A" (Mid-Sound.) It is intended that three races will be held. One race shall constitute a regatta. There will be no throw outs.

**7. CLASSES**

Based on the number and ratings of the entries, boats may be divided into two classes.

## 8. THE RACING AREA

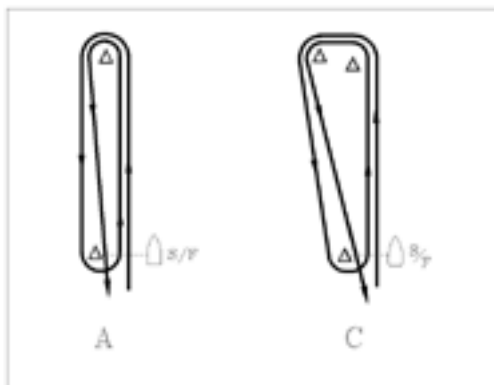
8.1 The racing area will be the waters of Long Island Sound generally southerly of Stamford and Greenwich, CT

8.2 Code flag "L" displayed from a starboard halyard of the RC boat will indicate that all boats shall follow the signal boat to an alternate starting area.

## 9. COURSES

9.1 The course and distance to the windward mark will be displayed numerically on a course board mounted on the Signal Boat and will be displayed before the warning Signal of the first class to start.

The course configurations are as follows:



9.2 Courses will be designated such that the approximate magnetic bearing and the distance in nautical miles will be the top row of numbers and the course configuration will be on the bottom.

The course will be displayed as follows (example only):

240-1.5

C

9.3 In the event of a change in course, the new mark will be yellow. It is intended that the original course be abandoned and the new course sailed from the mark at which the change is signaled. The signaling of a change in course is not intended to change the finish mark.

## 10. THE MARKS

The marks of the course will be orange inflatable tetrahedrons and shall be left to port.

## 11. THE START

11.1 Races will be started in accordance with Rule 26 *with the modification* that, 5 minutes before the warning for the **first start of the day**, Code Flag "F" will be flown accompanied by 1 sound:

	<u>Minute</u>		<u>Signal</u>
1000	10	Attention	Code Flag "F", 1 gun
	06		Remove "F" (no sound)
	05	Warning	Class Numeral Pennant; 1 gun
	04	Preparatory	"P" flag; other possible signals ("I"); 1 gun
	01	One Minute	"P" or other flag removed; 1 horn

The Warning for the second class is the Start of the preceding class.

11.2 The starting line will be between a staff displaying an orange flag on the Signal Boat and the nearest mark or navigational aid. Said mark may be a temporary mark.

## **12. RECALLS**

12.1 Rule 29.1 is hereby modified to allow that, in the event of an Individual Recall, infringing boat(s) may be recalled by name or sail number, by loud hailer or over channel 05. This changes rule 29.1. Failure to hear such hail or the timing and order of such hail shall not be grounds for redress. This changes rule 62.1

12.2 A boat that starts prematurely (OCS) and fails to return shall be penalized by the addition of 10 minutes to her elapsed time.

## **13. THE TIME LIMIT**

13.1 The time limit for any class' race will be two hours or 20 minutes after the first boat to finish in that class. If at least one boat finishes within the time limit, each starter in that class's race will be scored. Boats that fail to finish within the time limit shall be scored the number of points that is half way between the number of boats that started and the number of boats that finished. (This changes RRS 35 and A4.2)

13.2 At the expiration of a time limit, and if no boats in that class have finished, the RC shall announce that fact over channel 05.

**13.3 No race will be started after 1500 and no finishers will be scored after 1700.**

## **14. THE FINISH**

14.1 The finishing line shall be between a staff displaying an orange flag on the RC boat and the mark used as the starting mark or in accordance with SI 14.2.

14.2 The race may be shortened at any mark of the course.

14.3 The display of code flag "R" at the finish indicates another race is intended to be run.

## **15. PROTESTS & MEDIATION**

15.1 Protesting boats shall comply with Part 5, Section A of the Racing Rules.

15.2 A boat intending to file a protest shall inform the RC when finishing or withdrawing. (This adds to RRS 61.1(a))

15.3 Rule 63 is changed to add: "63.9 The JSA Arbitration Procedure (as described in Appendix C of the 2013 Rules for JSA Events) shall apply to protests involving Part 2 rules."

15.4 Protests shall be written on standard forms and lodged with the RC or at the front desk of the host Club no later than one hour after the RC boat has returned to the dock.

15.5 It is intended that all protests be mediated prior to a hearing. The parties to a protest will state their cases to a mediator; the mediator will discuss the issues with each and, upon evaluating the statements made, offer an opinion as to the likely outcome of a hearing. Should all

parties to the protest accept the opinion, the appropriate action(s) are to be taken and no hearing will take place. If a hearing is held, the mediator shall not participate.

15.6 It is the intent of the jury to mediate and/or hear protests at a time and place to be determined.

## **16. COMMUNICATION**

Except in an emergency or if contacted by the RC, while racing, a boat shall neither make nor receive radio transmissions or special communications not simultaneously available to all boats. It is the intention of the RC to monitor channel 05 during all races. A boat which retires from a race shall notify the RC immediately.

## **17. SCORING**

The Low Point System (RRS Appendix A) will be used.

## **18. SAFETY REGULATIONS**

18.1 Before the first warning signal for each day, all boats shall check in with the race committee by sailing on starboard tack or towing past the stern of the anchored race committee signal boat and hailing their sail number until acknowledged by a committee member. Infractions of this instruction may be protested by the race committee only.

18.2 A boat that retires from a race shall notify a race committee boat before leaving the race area. If this is not possible, the competitor shall notify a regatta representative immediately after arriving ashore.

## **19. SUPPORT BOATS**

19.1 Coaches, support personnel and spectators shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired, or the race committee signals a postponement or abandonment. Coaching is not permitted after a general recall.

19.2 Coaches and support personnel are required to monitor the race committee VHF channel and follow any safety instructions issued by the race committee. The VHF channel to be used will be identified at the instructors' meeting.

## **20. SAILOR'S RESPONSIBILITY**

As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the Stamford Yacht Club, the owner, helmsperson and each crewmember agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. Each of them waives all claims which he or she, or any heir, representative, successor or assignee, may have against the Stamford Yacht Club and the JSA of LIS and each of their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating wind, sea and weather conditions rests with each competitor, as does the responsibility for the safe condition and operation of their boat including safety equipment and rigging and for wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel aboard them is at the risk of the participant Stamford Yacht Club bears no responsibility for accidents, damage or injuries to boats or their personnel arising from any cause during the race